Schüler K (7) — 2.3 km 0 Hm 20 P

Pl	Schule	Zeit	1(62)	2(82)	3(83)	4(75)	5(74)	6(125)	7(122)	8(121)	9(65)	10(68)	11(86)	12(85)	13(84)	14(72)
			15(103)	16(104)	17(105)	18(106)	19(107)	20(87)	Z							
1	**Andrin Benz**	**17:45**	0:30	**0:44**	**1:03**	**1:26**	**2:28**	**4:20**	7:00	8:34	10:36	11:50	12:14	13:15	**13:42**	**14:10**
	Untereggen		0:30	***0:14***	0:19	***0:23***	***1:02***	***1:52***	2:40	1:34	2:02	***1:14***	***0:24***	1:01	0:27	***0:28***
			14:44	**15:21**	**15:47**	**16:28**	**16:56**	**17:28**	**17:45**							
			0:34	0:37	***0:26***	***0:41***	0:28	***0:32***	0:17							
2	**Andrin Sutter**	**18:41**	0:42	1:10	1:27	1:59	3:04	5:06	7:04	8:13	**10:12**	**11:28**	**11:59**	**12:56**	13:50	14:19
	Appenzell		0:42	0:28	***0:17***	0:32	1:05	2:02	1:58	***1:09***	***1:59***	1:16	0:31	***0:57***	0:54	0:29
			15:34	16:07	16:39	17:24	17:49	18:23	18:41							
			1:15	***0:33***	0:32	0:45	***0:25***	0:34	0:18							
3	**Manuel Bischofberger**	**21:27**	0:44	1:02	1:23	2:05	3:22	5:36	6:34	**8:07**	10:17	11:33	12:11	13:16	13:45	14:14
	Oberegg		0:44	0:18	0:21	0:42	1:17	2:14	0:58	1:33	2:10	1:16	0:38	1:05	0:29	0:29
			15:10	16:14	17:17	19:31	19:57	21:15	21:27							
			0:56	1:04	1:03	2:14	0:26	1:18	***0:12***							
4	**Livio Koster**	**23:17**	**0:27**	0:46	1:14	1:54	3:11	5:28	**6:20**	8:53	11:30	13:02	13:30	14:27	15:13	15:47
	St.Margrethen		***0:27***	0:19	0:28	0:40	1:17	2:17	***0:52***	2:33	2:37	1:32	0:28	***0:57***	0:46	0:34
			18:32	19:09	19:47	20:36	21:08	21:54	23:17							
			2:45	0:37	0:38	0:49	0:32	0:46	1:23							
5	**Joschua Schilter**	**25:36**	0:46	1:19	1:53	2:53	4:19	7:02	8:03	9:34	13:26	14:52	15:36	16:37	17:02	18:37
	St.Gallen		0:46	0:33	0:34	1:00	1:26	2:43	1:01	1:31	3:52	1:26	0:44	1:01	0:25	1:35
			20:47	21:43	22:16	23:31	24:05	25:18	25:36							
			2:10	0:56	0:33	1:15	0:34	1:13	0:18							
6	**Flavian Koster**	**29:26**	0:43	1:12	2:15	3:02	5:15	8:43	9:43	11:58	15:06	17:21	18:38	20:03	21:06	22:06
	St.Margrethen		0:43	0:29	1:03	0:47	2:13	3:28	1:00	2:15	3:08	2:15	1:17	1:25	1:03	1:00
			23:26	24:21	25:42	27:01	27:27	29:09	29:26							
			1:20	0:55	1:21	1:19	0:26	1:42	0:17							
7	**Linus Benz**	**39:48**	2:16	2:36	3:16	3:45	5:03	9:18	10:21	12:26	14:54	17:33	18:13	29:58	30:17	30:46
	Untereggen		2:16	0:20	0:40	0:29	1:18	4:15	1:03	2:05	2:28	2:39	0:40	11:45	***0:19***	0:29
			32:26	33:34	34:23	38:13	38:51	39:30	39:48		*19:47*					
			1:40	1:08	0:49	3:50	0:38	0:39	0:18		**84*					

Schüler M (6) — 2.3 km 0 Hm 20 P

Pl	Schule	Zeit	1(62)	2(82)	3(83)	4(75)	5(74)	6(125)	7(122)	8(121)	9(65)	10(68)	11(86)	12(85)	13(84)	14(72)
			15(103)	16(104)	17(105)	18(106)	19(107)	20(87)	Z							
1	**Eliane Deininger**	**15:02**	0:26	**0:41**	**0:58**	**1:24**	2:25	**4:11**	**5:02**	6:20	**8:21**	**9:29**	**9:53**	**10:47**	**11:12**	**11:34**
	St.Gallen		0:26	***0:15***	***0:17***	0:26	1:01	***1:46***	0:51	1:18	***2:01***	***1:08***	0:24	0:54	***0:25***	***0:22***
			12:08	**12:41**	**13:06**	**13:49**	**14:11**	**14:46**	**15:02**							
			0:34	***0:33***	0:25	0:43	***0:22***	***0:35***	0:16							
2	**Silja Vogel**	**15:41**	0:29	0:44	1:01	1:25	**2:23**	4:20	5:08	**6:18**	8:31	10:04	10:26	11:16	11:41	12:05
	Widnau		0:29	***0:15***	***0:17***	***0:24***	***0:58***	1:57	***0:48***	***1:10***	2:13	1:33	***0:22***	***0:50***	***0:25***	0:24
			12:45	13:18	13:42	14:22	14:52	15:27	15:41							
			0:40	***0:33***	***0:24***	***0:40***	0:30	***0:35***	***0:14***							
3	**Sophia Broger**	**18:40**	1:04	1:27	1:47	2:22	3:27	5:34	6:28	8:02	10:05	11:23	11:56	13:12	13:42	14:12
	Widnau		1:04	0:23	0:20	0:35	1:05	2:07	0:54	1:34	2:03	1:18	0:33	1:16	0:30	0:30
			15:20	15:54	16:23	17:08	17:33	18:08	18:40							
			1:08	0:34	0:29	0:45	0:25	***0:35***	0:32							
4	**Nora Weber**	**27:03**	0:27	1:16	2:42	3:39	5:41	8:25	9:28	10:59	14:49	16:20	16:59	18:10	18:36	20:00
	Teufen		0:27	0:49	1:26	0:57	2:02	2:44	1:03	1:31	3:50	1:31	0:39	1:11	0:26	1:24
			22:09	23:03	23:39	24:50	25:28	26:44	27:03							
			2:09	0:54	0:36	1:11	0:38	1:16	0:19							
5	**Sari Weber**	**32:41**	**0:24**	3:41	4:07	4:59	6:29	10:29	12:14	14:21	17:34	19:16	20:19	21:49	22:49	23:44
	Teufen		***0:24***	3:17	0:26	0:52	1:30	4:00	1:45	2:07	3:13	1:42	1:03	1:30	1:00	0:55
			25:41	26:46	28:06	29:45	30:39	31:52	32:41							
			1:57	1:05	1:20	1:39	0:54	1:13	0:49							
6	**Sofia Andermatt**	**1:02:31**	0:37	1:11	1:46	2:24	4:15	8:01	15:02	16:55	20:39	24:04	25:11	43:27	44:12	49:22
	Teufen		0:37	0:34	0:35	0:38	1:51	3:46	7:01	1:53	3:44	3:25	1:07	18:16	0:45	5:10
			53:45	56:16	57:03	58:32	59:48	1:01:02	1:02:31							
			4:23	2:31	0:47	1:29	1:16	1:14	1:29							

Jugend K (8) — 3.0 km 0 Hm 21 P

Pl	Schule	Zeit	1(82)	2(83)	3(78)	4(79)	5(109)	6(77)	7(118)	8(117)	9(74)	10(114)	11(122)	12(121)	13(101)	14(102)
			15(73)	16(104)	17(105)	18(72)	19(71)	20(107)	21(88)	Z						
1	**Lukas Deininger**	**17:50**	**0:33**	**0:47**	**1:24**	**1:51**	**2:12**	**2:57**	**4:23**	**5:13**	**8:00**	**8:39**	**10:51**	**11:53**	**12:37**	**13:15**
	St.Gallen		***0:33***	***0:14***	0:37	0:27	***0:21***	***0:45***	1:26	0:50	2:47	0:39	***2:12***	***1:02***	***0:44***	***0:38***
			14:30	**15:03**	**15:23**	**16:11**	**16:37**	**17:04**	**17:41**	**17:50**						
			1:15	***0:33***	***0:20***	***0:48***	***0:26***	***0:27***	***0:37***	0:09						
2	**Sebastian Rüegg**	**19:51**	0:36	0:53	1:29	1:55	2:18	3:04	4:33	5:20	8:05	8:47	11:01	12:10	12:57	13:42
	St.Gallen		0:36	0:17	***0:36***	***0:26***	0:23	0:46	1:29	***0:47***	***2:45***	0:42	2:14	1:09	0:47	0:45
			15:02	15:56	16:20	17:20	18:25	18:55	19:43	19:51						
			1:20	0:54	0:24	1:00	1:05	0:30	0:48	***0:08***						
3	**Yanik Schwizer**	**21:16**	0:39	0:56	1:33	2:02	2:26	3:19	4:58	5:54	9:03	9:54	12:27	13:50	14:46	15:33
	St.Gallen		0:39	0:17	0:37	0:29	0:24	0:53	1:39	0:56	3:09	0:51	2:33	1:23	0:56	0:47
			16:59	17:37	18:05	19:11	19:44	20:18	21:05	21:16						
			1:26	0:38	0:28	1:06	0:33	0:34	0:47	0:11						
4	**Patrick Sandmeier**	**22:41**	0:39	0:54	1:37	2:05	2:29	3:18	4:59	5:51	9:06	10:20	12:51	14:17	15:05	16:05
	Herisau		0:39	0:15	0:43	0:28	0:24	0:49	1:41	0:52	3:15	1:14	2:31	1:26	0:48	1:00
			17:54	18:35	18:59	20:13	20:47	21:28	22:32	22:41						
			1:49	0:41	0:24	1:14	0:34	0:41	1:04	0:09						
5	**Luca Müller**	**23:21**	0:35	0:52	1:31	2:02	2:26	3:20	4:40	5:48	8:39	9:24	11:48	12:58	13:49	14:49
	Rheineck		0:35	0:17	0:39	0:31	0:24	0:54	***1:20***	1:08	2:51	0:45	2:24	1:10	0:51	1:00
			16:16	16:55	17:25	20:55	21:26	22:01	23:13	23:21						
			1:27	0:39	0:30	3:30	0:31	0:35	1:12	***0:08***						

Pl	Schule	Zeit														
Jugend K (8)		***3.0 km 0 Hm 21 P***					*(Forts.)*									
			1(82)	2(83)	3(78)	4(79)	5(109)	6(77)	7(118)	8(117)	9(74)	10(114)	11(122)	12(121)	13(101)	14(102)
			15(73)	16(104)	17(105)	18(72)	19(71)	20(107)	21(88)	Z						
6	**Elias Bertsch**	**23:43**	1:17	1:33	2:14	2:42	3:08	4:01	5:34	8:30	11:15	11:53	14:32	15:53	16:43	17:23
	Trogen		1:17	0:16	0:41	0:28	0:26	0:53	1:33	2:56	***2:45***	***0:38***	2:39	1:21	0:50	0:40
			18:39	19:19	20:15	21:27	22:05	22:37	23:31	23:43						
			1:16	0:40	0:56	1:12	0:38	0:32	0:54	0:12						
7	**Michael Sandmeier**	**24:31**	0:51	1:12	1:55	2:24	2:50	3:44	5:30	6:26	9:55	10:40	13:46	15:07	15:57	17:07
	Herisau		0:51	0:21	0:43	0:29	0:26	0:54	1:46	0:56	3:29	0:45	3:06	1:21	0:50	1:10
			18:40	19:33	20:08	21:08	21:57	22:32	24:22	24:31						
			1:33	0:53	0:35	1:00	0:49	0:35	1:50	0:09						
8	**Yannick Lenherr**	**25:08**	0:45	1:07	1:54	2:28	2:52	3:47	5:46	6:44	10:07	10:57	13:23	15:32	16:24	17:09
	Thal		0:45	0:22	0:47	0:34	0:24	0:55	1:59	0:58	3:23	0:50	2:26	2:09	0:52	0:45
			19:52	20:25	20:59	22:08	23:04	23:51	24:59	25:08						
			2:43	***0:33***	0:34	1:09	0:56	0:47	1:08	0:09						
Jugend M (3)		**3.0 km 0 Hm 21 P**														
			1(82)	2(83)	3(78)	4(79)	5(109)	6(77)	7(118)	8(117)	9(74)	10(114)	11(122)	12(121)	13(101)	14(102)
			15(73)	16(104)	17(105)	18(72)	19(71)	20(107)	21(88)	Z						
1	**Joela Vogel**	**20:03**	**0:35**	**0:49**	**1:27**	**1:56**	**2:19**	**3:10**	**4:51**	5:44	8:45	9:30	11:52	13:00	13:51	**14:35**
	Widnau		***0:35***	***0:14***	***0:38***	0:29	0:23	0:51	1:41	0:53	3:01	0:45	***2:22***	1:08	0:51	***0:44***
			16:01	**16:36**	**16:58**	**18:00**	**18:35**	**19:10**	**19:54**	**20:03**						
			1:26	***0:35***	***0:22***	***1:02***	***0:35***	***0:35***	0:44	***0:09***						
2	**Fabienne Sandmeier**	**21:14**	0:46	1:02	1:42	2:10	2:31	3:21	4:53	**5:41**	**8:30**	**9:12**	**11:36**	**12:42**	**13:28**	15:44
	Herisau		0:46	0:16	0:40	***0:28***	***0:21***	***0:50***	***1:32***	***0:48***	***2:49***	***0:42***	2:24	***1:06***	***0:46***	2:16
			17:02	17:38	18:07	19:12	19:49	20:24	21:05	21:14						
			1:18	0:36	0:29	1:05	0:37	***0:35***	***0:41***	***0:09***						
3	**Stefanie Sutter**	**25:03**	0:51	1:14	2:05	2:38	3:04	4:25	6:49	7:55	11:33	12:22	15:18	16:42	17:41	18:27
	Appenzell		0:51	0:23	0:51	0:33	0:26	1:21	2:24	1:06	3:38	0:49	2:56	1:24	0:59	0:46
			20:12	20:50	21:22	22:39	23:23	24:04	24:52	25:03						
			1:45	0:38	0:32	1:17	0:44	0:41	0:48	0:11						
Junioren (5)		**4.0 km 0 Hm 28 P**														
			1(62)	2(82)	3(83)	4(61)	5(63)	6(64)	7(103)	8(104)	9(105)	10(84)	11(85)	12(65)	13(67)	14(68)
			15(102)	16(110)	17(111)	18(112)	19(113)	20(73)	21(74)	22(76)	23(115)	24(108)	25(78)	26(79)	27(80)	28(90)
			Z													
1	**Matthias Sandmeier**	**23:16**	0:22	0:34	0:47	**1:09**	**1:37**	**2:29**	**2:53**	**3:18**	**3:38**	**4:47**	**5:07**	**6:55**	**7:41**	**8:46**
	Herisau		0:22	0:12	0:13	***0:22***	***0:28***	***0:52***	***0:24***	***0:25***	***0:20***	***1:09***	0:20	***1:48***	***0:46***	***1:05***
			10:23	**12:30**	**13:28**	**14:39**	**16:29**	**17:04**	**18:13**	**19:11**	**20:20**	**21:17**	**21:53**	**22:15**	**22:40**	**22:55**
			1:37	***2:07***	***0:58***	***1:11***	***1:50***	***0:35***	***1:09***	***0:58***	***1:09***	***0:57***	***0:36***	***0:22***	***0:25***	0:15
			23:16													
			0:21													
2	**Jonas Vogel**	**27:13**	0:25	0:38	0:53	1:19	1:56	2:52	3:21	3:46	4:07	5:21	5:40	7:42	8:48	10:00
	Widnau		0:25	0:13	0:15	0:26	0:37	0:56	0:29	***0:25***	0:21	1:14	***0:19***	2:02	1:06	1:12
			12:15	14:39	15:44	17:06	19:15	19:54	21:14	22:21	23:42	24:48	25:43	26:11	26:41	26:55
			2:15	2:24	1:05	1:22	2:09	0:39	1:20	1:07	1:21	1:06	0:55	0:28	0:30	***0:14***
			27:13													
			0:18													
3	**Jonas Wälter**	**28:37**	**0:21**	**0:32**	**0:44**	1:27	1:57	2:52	3:24	3:49	4:11	5:41	6:05	8:11	9:09	10:26
	Altstätten		***0:21***	***0:11***	***0:12***	0:43	0:30	0:55	0:32	***0:25***	0:22	1:30	0:24	2:06	0:58	1:17
			12:30	15:08	16:22	17:55	20:12	20:55	22:30	23:45	25:10	26:17	27:02	27:32	28:04	28:19
			2:04	2:38	1:14	1:33	2:17	0:43	1:35	1:15	1:25	1:07	0:45	0:30	0:32	0:15
			28:37													
			0:18													
4	**Robin Koller**	**39:29**	0:57	1:32	1:58	3:10	4:28	5:31	6:01	6:39	7:27	8:45	9:22	11:39	12:48	14:14
	Gossau		0:57	0:35	0:26	1:12	1:18	1:03	0:30	0:38	0:48	1:18	0:37	2:17	1:09	1:26
			16:43	19:54	21:19	23:06	25:56	27:03	30:54	32:22	34:11	35:57	36:51	37:26	38:03	38:33
			2:29	3:11	1:25	1:47	2:50	1:07	3:51	1:28	1:49	1:46	0:54	0:35	0:37	0:30
			39:29													
			0:56													
5	**Roman Schefer**	**40:35**	0:27	0:50	1:10	1:40	2:16	3:35	4:16	4:59	5:25	7:16	7:47	10:55	12:15	14:08
	St.Gallen		0:27	0:23	0:20	0:30	0:36	1:19	0:41	0:43	0:26	1:51	0:31	3:08	1:20	1:53
			17:14	20:59	23:00	25:06	28:26	29:35	32:27	34:06	36:04	37:40	38:27	39:05	39:53	40:18
			3:06	3:45	2:01	2:06	3:20	1:09	2:52	1:39	1:58	1:36	0:47	0:38	0:48	0:25
			40:35													
			0:17													
Juniorinnen (3)		**3.4 km 0 Hm 23 P**														
			1(61)	2(83)	3(104)	4(72)	5(71)	6(70)	7(69)	8(68)	9(110)	10(111)	11(122)	12(101)	13(102)	14(73)
			15(114)	16(74)	17(75)	18(115)	19(108)	20(78)	21(79)	22(80)	23(90)	Z				
1	**Fiona Signer**	**23:25**	**0:29**	**0:54**	**2:01**	**2:52**	**3:21**	**4:31**	**4:54**	**6:17**	**9:03**	**10:09**	**11:17**	**13:35**	**14:16**	**15:36**
	Appenzell		***0:29***	***0:25***	***1:07***	***0:51***	***0:29***	***1:10***	***0:23***	1:23	***2:46***	***1:06***	***1:08***	2:18	***0:41***	***1:20***
			16:41	**17:20**	**18:23**	**19:59**	**21:04**	**21:47**	**22:19**	**22:52**	**23:06**	**23:25**				
			1:05	***0:39***	***1:03***	***1:36***	***1:05***	***0:43***	0:32	***0:33***	***0:14***	***0:19***				
2	**Katja Zünd**	**26:03**	0:30	0:57	2:15	3:08	3:43	5:13	5:41	7:00	9:54	11:04	13:52	15:52	16:33	17:55
	Kriessern		0:30	0:27	1:18	0:53	0:35	1:30	0:28	***1:19***	2:54	1:10	2:48	***2:00***	***0:41***	1:22
			19:08	19:50	20:53	22:29	23:36	24:20	24:51	25:24	25:41	26:03				
			1:13	0:42	***1:03***	***1:36***	1:07	0:44	***0:31***	***0:33***	0:17	0:22				
3	**Elisa Stamm**	**34:51**	0:39	1:20	2:54	4:03	4:48	6:17	6:48	8:49	13:04	14:42	16:32	19:19	20:27	22:42
	St.Gallen		0:39	0:41	1:34	1:09	0:45	1:29	0:31	2:01	4:15	1:38	1:50	2:47	1:08	2:15
			24:08	25:19	26:47	29:16	31:06	32:20	32:57	33:59	34:21	34:51				
			1:26	1:11	1:28	2:29	1:50	1:14	0:37	1:02	0:22	0:30				

Herren (6) — 4.2 km 0 Hm 25 P

Pl	Schule	Zeit													
			1(61)	2(62)	3(103)	4(84)	5(85)	6(65)	7(67)	8(68)	9(102)	10(110)	11(111)	12(112)	13(125)	14(114)
			15(74)	16(75)	17(115)	18(116)	19(118)	20(119)	21(77)	22(83)	23(104)	24(71)	25(87)	Z		
1	**Michael Treier**	**25:06**	0:29	0:54	1:50	2:31	2:53	4:37	5:24	6:32	**8:09**	**10:07**	**11:07**	**12:19**	**13:49**	**15:00**
	Marbach		0:29	0:25	***0:56***	***0:41***	0:22	***1:44***	0:47	1:08	***1:37***	***1:58***	***1:00***	***1:12***	***1:30***	1:11
			15:40	**16:31**	**17:53**	**18:30**	**19:18**	**21:00**	**21:16**	**21:57**	**23:00**	**24:11**	**24:51**	**25:06**		
			0:40	***0:51***	1:22	***0:37***	***0:48***	1:42	0:16	***0:41***	***1:03***	1:11	***0:40***	0:15		
2	**Daniel Raum**	**27:07**	**0:28**	0:44	1:40	2:36	2:56	4:51	5:37	6:48	8:40	10:44	11:59	13:22	15:00	16:26
	Höchst		***0:28***	0:16	***0:56***	0:56	0:20	1:55	0:46	1:11	1:52	2:04	1:15	1:23	1:38	1:26
			17:08	18:11	19:36	20:20	21:14	22:46	23:05	23:55	25:02	26:02	26:51	27:07		
			0:42	1:03	1:25	0:44	0:54	***1:32***	0:19	0:50	1:07	***1:00***	0:49	0:16		
3	**Benedetto Castelli**	**27:35**	0:29	**0:42**	**1:38**	**2:21**	**2:37**	**4:30**	**5:18**	**6:26**	8:12	10:31	11:36	12:57	14:57	16:25
	Buchs		0:29	***0:13***	***0:56***	0:43	0:16	1:53	0:48	1:08	1:46	2:19	1:05	1:21	2:00	1:28
			17:04	18:11	19:46	20:32	21:23	23:03	23:20	24:17	25:26	26:31	27:18	27:35		
			0:39	1:07	1:35	0:46	0:51	1:40	0:17	0:57	1:09	1:05	0:47	0:17		
4	**Lukas Enggist**	**28:31**	0:30	1:03	2:06	2:56	3:12	5:08	5:56	7:01	8:41	10:50	11:54	13:14	14:51	16:10
	St.Gallen		0:30	0:33	1:03	0:50	0:16	1:56	0:48	***1:05***	1:40	2:09	1:04	1:20	1:37	1:19
			16:47	17:48	19:10	19:55	20:43	23:06	23:27	24:16	26:14	27:27	28:11	28:31		
			0:37	1:01	1:22	0:45	***0:48***	2:23	0:21	0:49	1:58	1:13	0:44	0:20		
5	**Felix Käser**	**29:22**	0:30	0:45	1:41	2:26	2:44	4:45	5:36	7:26	9:21	11:43	12:55	14:21	16:12	17:42
	St.Gallen		0:30	0:15	***0:56***	0:45	0:18	2:01	0:51	1:50	1:55	2:22	1:12	1:26	1:51	1:30
			18:22	19:28	21:34	22:19	23:12	24:44	25:02	26:04	27:16	28:26	29:07	29:22		
			0:40	1:06	2:06	0:45	0:53	***1:32***	0:18	1:02	1:12	1:10	0:41	0:15		
6	**Markus Weber**	**33:12**	0:30	0:43	1:40	2:59	3:12	5:19	5:59	8:07	10:01	12:15	14:16	15:44	18:27	19:30
	Mels		0:30	***0:13***	0:57	1:19	***0:13***	2:07	***0:40***	2:08	1:54	2:14	2:01	1:28	2:43	***1:03***
			20:15	23:33	24:45	25:22	26:10	28:09	28:20	29:35	30:46	32:05	32:59	33:12		
			0:45	3:18	***1:12***	***0:37***	***0:48***	1:59	***0:11***	1:15	1:11	1:19	0:54	***0:13***		

Damen (2) — 3.4 km 0 Hm 27 P

Pl	Schule	Zeit													
			1(61)	2(62)	3(82)	4(83)	5(75)	6(115)	7(116)	8(117)	9(118)	10(119)	11(77)	12(109)	13(79)	14(80)
			15(102)	16(101)	17(65)	18(67)	19(68)	20(69)	21(70)	22(84)	23(103)	24(73)	25(105)	26(106)	27(89)	Z
1	**Karin Grieb-Bachmann**	**32:18**	**0:37**	1:02	1:24	1:40	2:06	4:05	4:56	6:46	7:49	**9:44**	**10:08**	**11:09**	**11:42**	**12:23**
	Herisau		***0:37***	0:25	0:22	***0:16***	***0:26***	1:59	***0:51***	***1:50***	***1:03***	***1:55***	0:24	1:01	0:33	***0:41***
			15:17	16:30	18:24	19:46	**21:34**	**23:25**	**24:06**	**25:06**	**26:30**	**27:29**	**28:36**	**29:35**	**30:48**	**32:18**
			2:54	1:13	1:54	1:22	***1:48***	***1:51***	0:41	***1:00***	1:24	0:59	***1:07***	0:59	***1:13***	1:30
2	**Anja Wüst**	**33:16**	0:40	**0:58**	**1:16**	**1:34**	**2:00**	**3:37**	**4:28**	**6:22**	**7:40**	10:16	10:38	11:31	11:59	12:40
	Montlingen		0:40	***0:18***	***0:18***	0:18	***0:26***	***1:37***	***0:51***	1:54	1:18	2:36	***0:22***	***0:53***	***0:28***	***0:41***
			15:09	**16:14**	**17:59**	**19:08**	21:55	25:02	25:33	26:34	27:37	28:31	29:55	30:53	32:24	33:16
			2:29	***1:05***	***1:45***	***1:09***	2:47	3:07	***0:31***	1:01	***1:03***	***0:54***	1:24	***0:58***	1:31	***0:52***

Senioren 1 (8) — 3.4 km 0 Hm 27 P

Pl	Schule	Zeit													
			1(61)	2(62)	3(82)	4(83)	5(75)	6(115)	7(116)	8(117)	9(118)	10(119)	11(77)	12(109)	13(79)	14(80)
			15(102)	16(101)	17(65)	18(67)	19(68)	20(69)	21(70)	22(84)	23(103)	24(73)	25(105)	26(106)	27(89)	Z
1	**Dieter Sandmeier**	**19:35**	0:26	**0:40**	**0:55**	**1:09**	**1:30**	**2:43**	**3:20**	**4:33**	**5:14**	**6:36**	**6:51**	**7:27**	**7:49**	**8:18**
	Herisau		0:26	0:14	0:15	0:14	0:21	***1:13***	0:37	1:13	***0:41***	***1:22***	***0:15***	***0:36***	0:22	0:29
			9:57	**10:32**	**11:42**	**12:25**	**13:31**	**14:34**	**14:55**	**15:40**	**16:29**	**17:05**	**17:50**	**18:25**	**19:12**	**19:35**
			1:39	***0:35***	***1:10***	***0:43***	1:06	***1:03***	***0:21***	***0:45***	0:49	***0:36***	***0:45***	0:35	***0:47***	0:23
2	**Rolf Wüstenhagen**	**21:39**	0:45	0:57	1:11	1:25	1:45	3:02	3:43	4:52	5:33	7:06	7:22	8:06	8:28	8:58
	St.Gallen		0:45	***0:12***	***0:14***	0:14	***0:20***	1:17	0:41	1:09	***0:41***	1:33	0:16	0:44	0:22	0:30
			10:49	11:27	12:46	13:35	14:44	16:09	16:35	17:21	18:08	18:57	19:56	20:29	21:23	21:39
			1:51	0:38	1:19	0:49	1:09	1:25	0:26	0:46	***0:47***	0:49	0:59	***0:33***	0:54	0:16
3	**Guido Bischofberger**	**23:44**	**0:24**	1:08	1:23	1:36	1:57	3:10	3:45	5:15	6:18	9:09	9:27	10:08	10:28	10:55
	Oberegg		***0:24***	0:44	0:15	***0:13***	0:21	***1:13***	***0:35***	1:30	1:03	2:51	0:18	0:41	***0:20***	***0:27***
			12:37	13:12	14:35	15:20	16:24	17:45	18:27	19:17	20:06	20:44	21:29	22:26	23:29	23:44
			1:42	***0:35***	1:23	0:45	***1:04***	1:21	0:42	0:50	0:49	0:38	***0:45***	0:57	1:03	***0:15***
4	**Ivo Benz**	**25:27**	0:37	0:51	1:06	1:23	1:46	3:15	4:08	5:15	6:05	7:40	8:00	8:50	9:14	9:46
	Untereggen		0:37	0:14	0:15	0:17	0:23	1:29	0:53	***1:07***	0:50	1:35	0:20	0:50	0:24	0:32
			12:08	12:50	14:20	15:15	16:48	18:03	18:39	20:02	21:03	22:06	23:04	23:46	25:05	25:27
			2:22	0:42	1:30	0:55	1:33	1:15	0:36	1:23	1:01	1:03	0:58	0:42	1:19	0:22
4	**Reto Sonderegger**	**25:27**	0:34	0:48	1:03	1:20	1:42	3:07	3:53	6:28	7:17	8:53	9:12	9:59	10:23	10:54
	Herisau		0:34	0:14	0:15	0:17	0:22	1:25	0:46	2:35	0:49	1:36	0:19	0:47	0:24	0:31
			13:11	14:00	15:32	16:30	17:54	19:20	19:46	20:42	21:34	22:33	23:25	24:03	25:08	25:27
			2:17	0:49	1:32	0:58	1:24	1:26	0:26	0:56	0:52	0:59	0:52	0:38	1:05	0:19
6	**Bruno Imlig**	**25:44**	0:30	0:59	1:17	1:32	1:57	3:26	4:10	6:14	7:07	8:58	9:18	10:02	10:26	11:00
	Lüchingen		0:30	0:29	0:18	0:15	0:25	1:29	0:44	2:04	0:53	1:51	0:20	0:44	0:24	0:34
			13:10	13:52	15:24	16:24	17:46	19:16	19:51	20:49	21:50	22:38	23:40	24:19	25:27	25:44
			2:10	0:42	1:32	1:00	1:22	1:30	0:35	0:58	1:01	0:48	1:02	0:39	1:08	0:17
7	**Clemens Eugster**	**25:51**	0:28	0:45	1:03	1:20	1:44	3:17	4:05	5:16	6:12	8:01	8:22	9:10	9:40	10:19
	Widnau		0:28	0:17	0:18	0:17	0:24	1:33	0:48	1:11	0:56	1:49	0:21	0:48	0:30	0:39
			12:34	13:20	14:54	15:57	17:20	18:48	19:19	20:14	21:15	22:04	23:02	23:54	25:25	25:51
			2:15	0:46	1:34	1:03	1:23	1:28	0:31	0:55	1:01	0:49	0:58	0:52	1:31	0:26
8	**Urs Manser**	**26:40**	0:33	0:49	1:05	1:21	1:45	3:19	4:11	6:16	7:13	9:08	9:27	10:16	10:42	11:16
	Thal		0:33	0:16	0:16	0:16	0:24	1:34	0:52	2:05	0:57	1:55	0:19	0:49	0:26	0:34
			13:42	14:24	15:58	16:58	18:25	19:56	20:28	21:26	22:28	23:18	24:33	25:12	26:22	26:40
			2:26	0:42	1:34	1:00	1:27	1:31	0:32	0:58	1:02	0:50	1:15	0:39	1:10	0:18

Seniorinnen 1 (6) — 3.4 km 0 Hm 23 P

Pl	Schule	Zeit													
			1(61)	2(83)	3(104)	4(72)	5(71)	6(70)	7(69)	8(68)	9(110)	10(111)	11(122)	12(101)	13(102)	14(73)
			15(114)	16(74)	17(75)	18(115)	19(108)	20(78)	21(79)	22(80)	23(90)	Z				
1	**Claudia Jud**	**26:07**	0:34	1:16	2:27	3:38	**4:11**	6:03	6:28	7:46	10:39	11:48	**13:12**	**15:10**	**15:57**	**17:24**
	Romanshorn		0:34	0:42	***1:11***	1:11	***0:33***	1:52	0:25	1:18	2:53	***1:09***	1:24	1:58	0:47	1:27
			18:46	**19:31**	**20:41**	**22:21**	23:28	24:17	24:50	25:25	**25:47**	**26:07**				
			1:22	0:45	1:10	***1:40***	1:07	0:49	0:33	0:35	0:22	0:20				

Pl	Schule	Zeit														
Seniorinnen 1 (6)		***3.4 km 0 Hm 23 P***					*(Forts.)*									
			1(61)	2(83)	3(104)	4(72)	5(71)	6(70)	7(69)	8(68)	9(110)	10(111)	11(122)	12(101)	13(102)	14(73)
			15(114)	16(74)	17(75)	18(115)	19(108)	20(78)	21(79)	22(80)	23(90)	Z				
2	**Silvia Büchler**	**27:48**	0:33	0:59	2:27	3:45	4:25	5:55	6:25	8:01	11:22	12:42	14:00	16:10	16:59	18:41
	Herisau		0:33	***0:26***	1:28	1:18	0:40	1:30	0:30	1:36	3:21	1:20	***1:18***	2:10	0:49	1:42
			20:03	20:51	22:04	23:58	25:15	26:02	26:35	27:10	27:30	27:48				
			1:22	0:48	1:13	1:54	1:17	0:47	0:33	0:35	***0:20***	***0:18***				
3	**Ingrid Alefsen**	**28:12**	0:32	1:04	**2:24**	5:00	5:40	7:10	7:34	8:57	12:03	13:17	14:35	16:38	17:37	19:01
	Amriswil		0:32	0:32	1:20	2:36	0:40	1:30	***0:24***	1:23	3:06	1:14	***1:18***	2:03	0:59	***1:24***
			20:23	21:13	22:23	24:08	25:22	26:07	26:46	27:21	27:50	28:12				
			1:22	0:50	1:10	1:45	1:14	***0:45***	0:39	0:35	0:29	0:22				
4	**Manuela Imlig**	**28:41**	0:36	1:16	2:43	3:47	4:33	6:00	6:49	8:28	11:48	13:05	14:28	16:29	17:25	18:55
	Lüchingen		0:36	0:40	1:27	1:04	0:46	1:27	0:49	1:39	3:20	1:17	1:23	2:01	0:56	1:30
			20:27	21:10	22:17	24:01	25:52	26:40	27:13	27:48	28:14	28:41				
			1:32	***0:43***	1:07	1:44	1:51	0:48	0:33	0:35	0:26	0:27				
5	**Manuela Schärer**	**30:34**	0:33	1:03	2:26	3:43	4:27	6:05	6:37	8:09	11:42	13:08	14:33	17:04	18:02	19:48
	Flawil		0:33	0:30	1:23	1:17	0:44	1:38	0:32	1:32	3:33	1:26	1:25	2:31	0:58	1:46
			21:22	22:23	23:43	25:54	27:20	28:29	29:06	29:48	30:08	30:34				
			1:34	1:01	1:20	2:11	1:26	1:09	0:37	0:42	***0:20***	0:26				
	Rita Deininger	**Fehlst**	**0:28**	**0:57**	2:43	**3:32**	4:13	**5:22**	**5:51**	**7:08**	**9:55**	**11:05**	13:21	15:18	16:02	17:30
	St.Gallen		***0:28***	0:29	1:46	***0:49***	0:41	***1:09***	0:29	***1:17***	***2:47***	1:10	2:16	***1:57***	***0:44***	1:28
			18:51	19:35	**20:41**	22:23	**23:25**	**24:12**	**24:43**	**25:15**	-----	26:09		*25:51*		
			1:21	0:44	***1:06***	1:42	***1:02***	0:47	***0:31***	***0:32***		0:54		**89*		
Senioren 2 (11)		**3.4 km 0 Hm 23 P**														
			1(61)	2(83)	3(104)	4(72)	5(71)	6(70)	7(69)	8(68)	9(110)	10(111)	11(122)	12(101)	13(102)	14(73)
			15(114)	16(74)	17(75)	18(115)	19(108)	20(78)	21(79)	22(80)	23(90)	Z				
1	**Martin Koster**	**22:26**	**0:26**	**0:52**	1:59	2:47	3:19	4:35	4:57	**6:09**	**8:50**	9:59	**11:04**	**12:42**	**13:21**	**14:40**
	St.Margrethen		***0:26***	***0:26***	1:07	0:48	0:32	1:16	***0:22***	1:12	***2:41***	1:09	1:05	1:38	***0:39***	1:19
			15:46	**16:26**	**17:29**	**19:04**	**20:10**	**20:54**	**21:22**	**21:52**	**22:09**	**22:26**				
			1:06	0:40	1:03	1:35	1:06	0:44	0:28	0:30	***0:17***	0:17				
2	**Rolf Bollhalder**	**22:38**	0:27	0:53	**1:58**	**2:44**	**3:15**	**4:31**	**4:56**	**6:09**	8:55	**9:58**	11:09	12:53	13:37	14:53
	Teufen		0:27	***0:26***	1:05	0:46	0:31	1:16	0:25	1:13	2:46	1:03	1:11	1:44	0:44	***1:16***
			15:56	16:34	17:32	19:22	20:24	21:04	21:31	22:02	22:19	22:38				
			1:03	***0:38***	***0:58***	1:50	1:02	***0:40***	0:27	0:31	***0:17***	0:19				
3	**Rainer Nuber**	**23:52**	0:36	1:08	2:12	3:00	3:31	4:46	5:17	6:25	9:27	10:37	11:44	13:31	14:16	15:37
	Widnau		0:36	0:32	***1:04***	0:48	0:31	***1:15***	0:31	***1:08***	3:02	1:10	1:07	1:47	0:45	1:21
			16:44	17:29	18:35	20:15	21:20	22:03	22:33	23:08	23:28	23:52				
			1:07	0:45	1:06	1:40	1:05	0:43	0:30	0:35	0:20	0:24				
4	**Koni Vogel**	**25:28**	0:54	1:32	2:40	3:24	4:02	5:20	5:51	7:06	9:59	11:38	12:43	14:37	15:27	16:54
	Widnau		0:54	0:38	1:08	***0:44***	0:38	1:18	0:31	1:15	2:53	1:39	1:05	1:54	0:50	1:27
			18:08	18:56	20:03	21:45	22:57	23:45	24:14	24:42	25:10	25:28				
			1:14	0:48	1:07	1:42	1:12	0:48	0:29	***0:28***	0:28	0:18				
5	**Martin Stamm**	**25:41**	0:33	1:08	2:17	3:05	3:32	6:29	6:51	8:10	11:13	12:24	13:36	15:21	16:04	17:26
	St.Gallen		0:33	0:35	1:09	0:48	***0:27***	2:57	***0:22***	1:19	3:03	1:11	1:12	1:45	0:43	1:22
			18:35	19:15	20:23	22:01	23:10	23:55	24:28	25:02	25:20	25:41		*4:55*		
			1:09	0:40	1:08	1:38	1:09	0:45	0:33	0:34	0:18	0:21		**69*		
6	**Emil Sutter**	**25:46**	0:31	1:02	2:16	3:17	3:51	5:13	5:42	7:19	10:11	11:28	12:48	15:01	15:46	17:16
	Appenzell		0:31	0:31	1:14	1:01	0:34	1:22	0:29	1:37	2:52	1:17	1:20	2:13	0:45	1:30
			18:38	19:28	20:31	22:12	23:21	24:08	24:38	25:13	25:30	25:46				
			1:22	0:50	1:03	1:41	1:09	0:47	0:30	0:35	***0:17***	0:16				
7	**Götz Alefsen**	**26:17**	0:34	1:16	2:52	3:52	4:27	6:06	6:34	7:46	12:17	13:18	14:21	15:54	16:35	17:58
	Amriswil		0:34	0:42	1:36	1:00	0:35	1:39	0:28	1:12	4:31	***1:01***	***1:03***	***1:33***	0:41	1:23
			19:04	19:49	21:10	22:29	23:30	24:38	25:04	25:36	26:02	26:17				
			1:06	0:45	1:21	***1:19***	***1:01***	1:08	***0:26***	0:32	0:26	***0:15***				
8	**Hansueli Lüthi**	**26:50**	0:32	1:00	2:17	3:12	3:42	5:09	5:41	7:11	10:17	11:32	13:03	15:01	15:48	17:41
	Waldstatt		0:32	0:28	1:17	0:55	0:30	1:27	0:32	1:30	3:06	1:15	1:31	1:58	0:47	1:53
			19:04	19:45	20:54	22:39	23:52	24:39	25:10	25:43	26:00	26:50				
			1:23	0:41	1:09	1:45	1:13	0:47	0:31	0:33	***0:17***	0:50				
9	**Erwin Wälter**	**27:10**	0:38	1:08	2:16	3:11	3:46	5:14	5:42	7:01	9:57	11:09	12:35	14:29	16:41	18:08
	Altstätten		0:38	0:30	1:08	0:55	0:35	1:28	0:28	1:19	2:56	1:12	1:26	1:54	2:12	1:27
			19:23	20:14	21:21	23:03	24:27	25:13	25:45	26:24	26:49	27:10				
			1:15	0:51	1:07	1:42	1:24	0:46	0:32	0:39	0:25	0:21				
10	**Toni Büchler**	**27:52**	**0:26**	0:56	2:32	3:34	4:04	5:35	6:08	7:30	10:40	11:59	13:18	15:19	16:04	17:32
	Herisau		***0:26***	0:30	1:36	1:02	0:30	1:31	0:33	1:22	3:10	1:19	1:19	2:01	0:45	1:28
			20:07	20:54	22:04	24:02	25:11	26:00	26:33	27:11	27:30	27:52				
			2:35	0:47	1:10	1:58	1:09	0:49	0:33	0:38	0:19	0:22				
11	**Hans Frischknecht**	**33:55**	0:45	1:14	2:29	3:27	4:00	5:31	5:58	8:20	12:06	13:46	15:03	17:14	20:50	22:38
	Herisau		0:45	0:29	1:15	0:58	0:33	1:31	0:27	2:22	3:46	1:40	1:17	2:11	3:36	1:48
			24:08	25:07	27:21	29:18	30:45	31:39	32:11	32:50	33:20	33:55				
			1:30	0:59	2:14	1:57	1:27	0:54	0:32	0:39	0:30	0:35				
Seniorinnen 2 (7)		**3.0 km 0 Hm 21 P**														
			1(82)	2(83)	3(78)	4(79)	5(109)	6(77)	7(118)	8(117)	9(74)	10(114)	11(122)	12(121)	13(101)	14(102)
			15(73)	16(104)	17(105)	18(72)	19(71)	20(107)	21(88)	Z						
1	**Christa Ebneter**	**21:33**	**0:41**	**0:58**	**1:40**	**2:09**	**2:33**	**3:46**	**5:22**	**6:12**	**9:19**	**9:58**	**12:28**	**13:34**	**14:23**	**15:07**
	Appenzell		***0:41***	***0:17***	***0:42***	***0:29***	***0:24***	1:13	***1:36***	***0:50***	***3:07***	***0:39***	***2:30***	***1:06***	***0:49***	***0:44***
			17:16	**17:59**	**18:22**	**19:33**	**20:06**	**20:37**	**21:22**	**21:33**						
			2:09	***0:43***	***0:23***	***1:11***	***0:33***	***0:31***	***0:45***	0:11						
2	**Jeanette Stamm**	**29:11**	1:12	1:35	2:29	3:07	3:36	4:50	6:57	8:13	12:51	13:49	17:24	19:13	20:17	21:17
	St.Gallen		1:12	0:23	0:54	0:38	0:29	1:14	2:07	1:16	4:38	0:58	3:35	1:49	1:04	1:00
			23:07	24:01	24:39	25:54	26:41	27:25	28:54	29:11						
			1:50	0:54	0:38	1:15	0:47	0:44	1:29	0:17						

Pl	Schule	Zeit														
Seniorinnen 2 (7)		***3.0 km 0 Hm 21 P***					*(Forts.)*									
			1(82)	2(83)	3(78)	4(79)	5(109)	6(77)	7(118)	8(117)	9(74)	10(114)	11(122)	12(121)	13(101)	14(102)
			15(73)	16(104)	17(105)	18(72)	19(71)	20(107)	21(88)	Z						
3	**Judith Pils**	**30:27**	1:18	2:03	3:31	4:04	4:50	5:51	8:15	9:36	13:16	14:07	17:47	19:13	20:16	21:11
	Oberriet		1:18	0:45	1:28	0:33	0:46	***1:01***	2:24	1:21	3:40	0:51	3:40	1:26	1:03	0:55
			22:56	23:47	24:25	26:01	26:44	28:07	30:02	30:27						
			1:45	0:51	0:38	1:36	0:43	1:23	1:55	0:25						
4	**Helene Neff**	**31:17**	1:40	2:08	3:05	3:44	4:16	5:29	7:45	8:56	13:05	14:12	17:42	19:17	20:30	21:35
	Egnach		1:40	0:28	0:57	0:39	0:32	1:13	2:16	1:11	4:09	1:07	3:30	1:35	1:13	1:05
			23:35	24:21	24:56	26:26	27:32	28:29	31:00	31:17						
			2:00	0:46	0:35	1:30	1:06	0:57	2:31	0:17						
5	**Monika Bärlocher**	**32:44**	0:48	1:22	3:12	3:45	4:14	5:17	7:11	10:10	14:15	15:14	18:03	19:35	20:37	23:08
	Herisau		0:48	0:34	1:50	0:33	0:29	1:03	1:54	2:59	4:05	0:59	2:49	1:32	1:02	2:31
			24:52	25:48	27:10	28:37	29:12	30:43	32:34	32:44						
			1:44	0:56	1:22	1:27	0:35	1:31	1:51	***0:10***						
6	**Petra Junker**	**32:46**	1:17	1:44	2:45	3:20	3:51	5:02	9:38	10:51	15:11	16:11	19:39	21:23	22:34	23:39
	Moos		1:17	0:27	1:01	0:35	0:31	1:11	4:36	1:13	4:20	1:00	3:28	1:44	1:11	1:05
			25:44	26:29	27:09	28:29	29:13	30:34	32:30	32:46		*31:23*				
			2:05	0:45	0:40	1:20	0:44	1:21	1:56	0:16		**87*				
7	**Annelies Burchia**	**49:50**	3:14	3:50	5:31	6:30	7:21	9:42	14:04	15:48	22:21	23:44	28:51	31:19	33:04	35:19
	Lüchingen		3:14	0:36	1:41	0:59	0:51	2:21	4:22	1:44	6:33	1:23	5:07	2:28	1:45	2:15
			38:22	40:02	40:57	43:24	45:20	47:25	49:30	49:50						
			3:03	1:40	0:55	2:27	1:56	2:05	2:05	0:20						
Senioren 3 (14)		**3.4 km 0 Hm 23 P**														
			1(61)	2(83)	3(104)	4(72)	5(71)	6(70)	7(69)	8(68)	9(110)	10(111)	11(122)	12(101)	13(102)	14(73)
			15(114)	16(74)	17(75)	18(115)	19(108)	20(78)	21(79)	22(80)	23(90)	Z				
1	**Erich Brauchli**	**24:31**	0:31	1:03	2:19	3:16	3:46	**5:06**	**5:30**	6:56	**9:48**	**10:55**	12:23	**14:09**	**14:53**	**16:18**
	Engelburg		0:31	0:32	1:16	0:57	***0:30***	***1:20***	***0:24***	1:26	2:52	***1:07***	1:28	***1:46***	0:44	1:25
			17:31	18:13	**19:15**	**20:52**	**22:01**	**22:46**	**23:15**	**23:51**	**24:10**	**24:31**				
			1:13	***0:42***	***1:02***	1:37	1:09	***0:45***	***0:29***	0:36	0:19	0:21				
2	**Ernst Baumann**	**24:40**	**0:28**	**1:02**	**2:17**	**3:13**	**3:45**	5:08	5:32	**6:46**	9:50	11:05	**12:22**	14:15	14:57	16:20
	Schwarzenbach		***0:28***	0:34	1:15	0:56	0:32	1:23	***0:24***	1:14	3:04	1:15	1:17	1:53	***0:42***	***1:23***
			17:29	**18:12**	19:16	20:54	**22:01**	22:57	23:31	24:04	24:20	24:40				
			1:09	0:43	1:04	1:38	***1:07***	0:56	0:34	***0:33***	***0:16***	***0:20***				
3	**Hans Müggler**	**26:28**	0:44	1:23	2:36	3:33	4:10	5:44	6:17	7:46	11:04	12:20	13:34	15:22	16:10	17:38
	Oberuzwil		0:44	0:39	1:13	0:57	0:37	1:34	0:33	1:29	3:18	1:16	***1:14***	1:48	0:48	1:28
			19:00	19:42	20:50	22:32	23:49	24:37	25:10	25:44	26:03	26:28				
			1:22	***0:42***	1:08	1:42	1:17	0:48	0:33	0:34	0:19	0:25				
4	**Martin Meier**	**27:01**	0:33	1:07	2:30	3:36	4:16	5:57	6:23	7:51	11:05	12:22	13:39	15:35	16:22	17:52
	Berg		0:33	0:34	1:23	1:06	0:40	1:41	0:26	1:28	3:14	1:17	1:17	1:56	0:47	1:30
			19:09	19:57	21:10	23:00	24:17	25:07	25:40	26:18	26:37	27:01				
			1:17	0:48	1:13	1:50	1:17	0:50	0:33	0:38	0:19	0:24				
5	**Othmar Buchmann**	**27:16**	0:33	1:07	2:19	3:28	4:05	5:29	6:28	7:40	10:23	11:31	12:51	14:57	15:45	17:12
	Amriswil		0:33	0:34	***1:12***	1:09	0:37	1:24	0:59	***1:12***	***2:43***	1:08	1:20	2:06	0:48	1:27
			18:23	19:06	20:08	21:42	22:50	23:37	24:09	24:43	25:11	27:16				
			1:11	0:43	***1:02***	***1:34***	1:08	0:47	0:32	0:34	0:28	2:05				
6	**Peter Roth**	**28:32**	0:32	1:08	2:23	3:18	3:52	7:14	7:39	9:05	12:23	13:38	15:02	16:57	17:51	19:19
	Arbon		0:32	0:36	1:15	***0:55***	0:34	3:22	0:25	1:26	3:18	1:15	1:24	1:55	0:54	1:28
			20:34	21:23	22:34	24:27	25:39	26:27	27:02	27:35	28:03	28:32				
			1:15	0:49	1:11	1:53	1:12	0:48	0:35	***0:33***	0:28	0:29				
7	**Willi Streuli**	**30:56**	0:35	1:03	2:30	3:36	4:22	5:51	6:22	7:51	11:17	14:43	16:03	18:04	19:00	20:32
	Appenzell		0:35	***0:28***	1:27	1:06	0:46	1:29	0:31	1:29	3:26	3:26	1:20	2:01	0:56	1:32
			21:46	22:37	25:13	27:02	28:15	29:02	29:36	30:12	30:33	30:56				
			1:14	0:51	2:36	1:49	1:13	0:47	0:34	0:36	0:21	0:23				
8	**Max Weishaupt**	**31:35**	0:43	1:16	2:48	3:56	4:38	6:35	7:17	9:06	12:58	14:31	16:00	18:13	19:06	20:57
	Teufen		0:43	0:33	1:32	1:08	0:42	1:57	0:42	1:49	3:52	1:33	1:29	2:13	0:53	1:51
			22:24	23:21	24:41	26:47	28:17	29:15	29:55	30:39	31:06	31:35				
			1:27	0:57	1:20	2:06	1:30	0:58	0:40	0:44	0:27	0:29				
9	**Viktor Schilter**	**32:15**	0:46	1:23	2:50	4:08	4:47	6:34	7:05	8:55	12:29	13:55	15:19	19:25	20:12	21:56
	St.Gallen		0:46	0:37	1:27	1:18	0:39	1:47	0:31	1:50	3:34	1:26	1:24	4:06	0:47	1:44
			23:16	24:17	25:35	27:31	28:55	29:49	30:31	31:16	31:43	32:15				
			1:20	1:01	1:18	1:56	1:24	0:54	0:42	0:45	0:27	0:32				
10	**Josef Hutter**	**32:57**	0:32	2:05	3:21	4:21	4:56	6:41	7:13	8:48	12:24	16:37	18:01	20:02	20:51	22:43
	Diepoldsau		0:32	1:33	1:16	1:00	0:35	1:45	0:32	1:35	3:36	4:13	1:24	2:01	0:49	1:52
			24:13	25:46	27:00	28:51	30:05	30:55	31:32	32:10	32:29	32:57				
			1:30	1:33	1:14	1:51	1:14	0:50	0:37	0:38	0:19	0:28				
11	**Mario Fässler**	**35:29**	0:49	1:32	3:27	4:51	5:38	7:21	8:03	10:13	14:14	15:49	17:21	19:42	20:44	22:56
	Eggersriet		0:49	0:43	1:55	1:24	0:47	1:43	0:42	2:10	4:01	1:35	1:32	2:21	1:02	2:12
			24:43	25:53	27:49	30:05	31:39	32:40	33:25	34:13	34:53	35:29				
			1:47	1:10	1:56	2:16	1:34	1:01	0:45	0:48	0:40	0:36				
12	**Josef Frey**	**41:02**	0:35	1:11	2:34	3:29	4:13	5:42	6:10	7:46	11:55	13:06	15:54	17:58	18:47	22:27
	Altstätten		0:35	0:36	1:23	***0:55***	0:44	1:29	0:28	1:36	4:09	1:11	2:48	2:04	0:49	3:40
			24:09	24:57	29:11	36:40	37:59	38:56	39:34	40:21	40:38	41:02				
			1:42	0:48	4:14	7:29	1:19	0:57	0:38	0:47	0:17	0:24				
13	**Benno Moser**	**1:00:09**	1:20	3:24	6:05	8:23	9:34	12:30	13:36	17:20	24:19	26:46	29:43	34:27	36:05	39:23
	Berneck		1:20	2:04	2:41	2:18	1:11	2:56	1:06	3:44	6:59	2:27	2:57	4:44	1:38	3:18
			42:24	44:06	46:38	50:22	53:01	54:47	56:01	57:21	59:20	1:00:09				
			3:01	1:42	2:32	3:44	2:39	1:46	1:14	1:20	1:59	0:49				
	Otto Kunczier	**Fehlst**	7:47	9:17	13:18	16:34	18:01	23:07	24:14	28:16	35:32	38:46	42:33	46:33	49:12	52:55
	Bregenz		7:47	1:30	4:01	3:16	1:27	5:06	1:07	4:02	7:16	3:14	3:47	4:00	2:39	3:43
			55:54	59:04	1:03:08	1:08:55	1:11:32	1:13:28	1:15:18	1:16:52	-----	1:18:37		*1:17:45*		
			2:59	3:10	4:04	5:47	2:37	1:56	1:50	1:34		1:45		**89*		

Familien (9) — 2.4 km 0 Hm 21 P

Pl	Schule	Zeit	1(81)	2(82)	3(83)	4(78)	5(79)	6(109)	7(108)	8(75)	9(74)	10(114)	11(123)	12(122)	13(125)	14(101)
			15(102)	16(84)	17(72)	18(106)	19(107)	20(80)	21(89)	Z						
1	**Kurt Rüdisühli**	**15:05**	**0:22**	0:40	0:56	**1:36**	**2:02**	**2:24**	**2:55**	**4:37**	**5:39**	**6:18**	**7:38**	**8:35**	**9:23**	**10:16**
	Balgach		***0:22***	0:18	0:16	***0:40***	***0:26***	0:22	***0:31***	1:42	***1:02***	***0:39***	1:20	***0:57***	***0:48***	***0:53***
			10:55	**11:44**	**12:06**	**12:35**	**12:53**	**13:44**	**14:29**	**15:05**						
			0:39	***0:49***	***0:22***	0:29	***0:18***	0:51	0:45	0:36						
2	**Flavia Steffen**	**16:18**	**0:22**	**0:39**	**0:53**	2:22	2:48	3:08	3:42	5:10	6:16	7:27	8:44	9:48	10:45	11:45
	Rebstein		***0:22***	***0:17***	***0:14***	1:29	***0:26***	***0:20***	0:34	***1:28***	1:06	1:11	***1:17***	1:04	0:57	1:00
			12:35	13:30	13:55	14:22	14:43	15:27	16:05	16:18		*15:40*				
			0:50	0:55	0:25	***0:27***	0:21	***0:44***	0:38	***0:13***		**90*				
3	**Flavian Koster**	**16:25**	0:28	0:48	1:05	1:53	2:26	2:51	3:26	5:01	6:14	7:03	8:50	10:00	10:58	12:03
	St.Margrethen		0:28	0:20	0:17	0:48	0:33	0:25	0:35	1:35	1:13	0:49	1:47	1:10	0:58	1:05
			12:52	13:46	14:08	14:36	14:59	15:46	16:06	16:25						
			0:49	0:54	***0:22***	0:28	0:23	0:47	***0:20***	0:19						
4	**Christian Rohner**	**16:46**	0:28	0:49	1:05	1:49	2:21	2:50	3:29	5:15	6:22	7:29	9:05	10:11	11:05	12:05
	Rheineck		0:28	0:21	0:16	0:44	0:32	0:29	0:39	1:46	1:07	1:07	1:36	1:06	0:54	1:00
			12:51	13:50	14:23	14:55	15:17	16:01	16:25	16:46						
			0:46	0:59	0:33	0:32	0:22	***0:44***	0:24	0:21						
5	**Delilah Broger**	**20:00**	0:30	0:53	1:16	2:14	2:48	3:19	4:08	6:23	7:42	8:56	10:33	11:44	13:00	14:45
	Widnau		0:30	0:23	0:23	0:58	0:34	0:31	0:49	2:15	1:19	1:14	1:37	1:11	1:16	1:45
			15:36	16:33	17:10	17:45	18:12	19:21	19:41	20:00						
			0:51	0:57	0:37	0:35	0:27	1:09	***0:20***	0:19						
6	**Birgit Gruler**	**25:13**	0:46	1:10	1:39	2:34	3:06	3:39	6:56	9:26	11:18	12:31	15:16	16:46	17:42	19:00
	Berneck		0:46	0:24	0:29	0:55	0:32	0:33	3:17	2:30	1:52	1:13	2:45	1:30	0:56	1:18
			19:47	20:57	21:31	22:35	23:02	24:04	24:53	25:13						
			0:47	1:10	0:34	1:04	0:27	1:02	0:49	0:20						
7	**Erwin Schütz**	**29:52**	0:30	0:55	1:29	2:57	3:43	4:28	5:32	8:42	11:04	12:27	15:57	18:15	19:54	21:42
	Heerbrugg		0:30	0:25	0:34	1:28	0:46	0:45	1:04	3:10	2:22	1:23	3:30	2:18	1:39	1:48
			22:57	24:35	25:14	25:59	26:39	28:21	29:19	29:52						
			1:15	1:38	0:39	0:45	0:40	1:42	0:58	0:33						
8	**Dyna Galli**	**32:26**	0:49	1:28	2:05	3:17	4:14	5:09	6:33	9:32	12:07	13:33	16:47	18:47	20:33	22:42
	Marbach		0:49	0:39	0:37	1:12	0:57	0:55	1:24	2:59	2:35	1:26	3:14	2:00	1:46	2:09
			24:25	26:25	27:26	28:23	28:57	30:41	31:16	32:26						
			1:43	2:00	1:01	0:57	0:34	1:44	0:35	1:10						
	Nicole Schatt	**Fehlst**	1:03	3:21	7:51	12:08	-----	13:19	19:20	21:56	23:57	25:21	28:12	30:05	31:35	33:43
	Berneck		1:03	2:18	4:30	4:17		1:11	6:01	2:36	2:01	1:24	2:51	1:53	1:30	2:08
			34:52	36:18	37:05	37:59	38:33	40:46	41:49	42:17		*10:49*				
			1:09	1:26	0:47	0:54	0:34	2:13	1:03	0:28		**79*				

Plausch kurz (10) — 2.0 km 0 Hm 21 P

Pl	Schule	Zeit	1(81)	2(82)	3(83)	4(75)	5(76)	6(108)	7(109)	8(79)	9(80)	10(71)	11(84)	12(85)	13(86)	14(101)
			15(102)	16(103)	17(104)	18(105)	19(106)	20(107)	21(89)	Z						
1	**Andrin Benz**	**14:04**	0:24	0:42	**0:57**	**1:22**	1:43	3:07	3:42	4:08	4:45	5:47	6:21	6:47	7:57	9:14
	Untereggen		0:24	0:18	***0:15***	***0:25***	0:21	1:24	***0:35***	0:26	0:37	1:02	0:34	***0:26***	1:10	1:17
			9:58	10:57	11:29	11:53	12:34	**12:59**	**13:50**	**14:04**						
			0:44	***0:59***	***0:32***	***0:24***	***0:41***	***0:25***	0:51	***0:14***						
2	**Ivo Benz**	**15:29**	**0:22**	**0:39**	**0:57**	1:23	**1:41**	**2:55**	**3:30**	**3:53**	**4:27**	**5:24**	**5:54**	**6:20**	**7:15**	**8:29**
	Untereggen		***0:22***	***0:17***	0:18	0:26	***0:18***	***1:14***	***0:35***	***0:23***	***0:34***	***0:57***	***0:30***	***0:26***	***0:55***	***1:14***
			9:12	**10:12**	**10:45**	**11:09**	**11:51**	14:37	15:14	15:29						
			0:43	1:00	0:33	***0:24***	0:42	2:46	***0:37***	0:15						
3	**Brigitte Lang**	**22:18**	0:40	1:30	2:10	2:55	3:25	5:38	6:35	7:36	8:27	9:48	10:36	11:18	12:31	14:10
	Widnau		0:40	0:50	0:40	0:45	0:30	2:13	0:57	1:01	0:51	1:21	0:48	0:42	1:13	1:39
			15:13	16:32	17:21	18:03	19:11	19:44	21:18	22:18						
			1:03	1:19	0:49	0:42	1:08	0:33	1:34	1:00						
4	**Alessia Köppel**	**22:38**	0:39	1:28	1:54	2:41	3:11	5:35	6:37	7:23	8:25	10:09	10:59	11:41	13:00	14:49
	Widnau		0:39	0:49	0:26	0:47	0:30	2:24	1:02	0:46	1:02	1:44	0:50	0:42	1:19	1:49
			16:03	17:26	18:11	18:50	19:46	20:32	21:44	22:38						
			1:14	1:23	0:45	0:39	0:56	0:46	1:12	0:54						
5	**Romina Köppel**	**25:58**	1:08	1:44	2:15	3:17	3:50	6:12	7:25	8:29	9:19	11:08	12:09	13:03	14:38	16:38
	Widnau		1:08	0:36	0:31	1:02	0:33	2:22	1:13	1:04	0:50	1:49	1:01	0:54	1:35	2:00
			18:01	19:38	20:22	21:26	22:36	23:32	25:25	25:58						
			1:23	1:37	0:44	1:04	1:10	0:56	1:53	0:33						
6	**Lola Pichel**	**45:59**	0:41	1:48	3:23	5:21	6:32	10:20	11:53	13:34	15:20	18:57	20:46	22:16	25:25	28:45
	St.Gallen		0:41	1:07	1:35	1:58	1:11	3:48	1:33	1:41	1:46	3:37	1:49	1:30	3:09	3:20
			31:02	34:35	36:38	38:55	42:13	43:52	45:41	45:59						
			2:17	3:33	2:03	2:17	3:18	1:39	1:49	0:18						
7	**Silvio Schärer**	**49:01**	2:17	3:15	4:08	5:22	7:00	10:59	12:25	14:03	15:31	20:37	21:43	22:31	24:31	27:38
	St.Margrethen		2:17	0:58	0:53	1:14	1:38	3:59	1:26	1:38	1:28	5:06	1:06	0:48	2:00	3:07
			29:26	31:37	32:43	33:35	37:08	38:50	46:38	49:01		*42:15*	*44:33*			
			1:48	2:11	1:06	0:52	3:33	1:42	7:48	2:23		**90*	**87*			
8	**Petra Sieber**	**58:59**	0:45	2:06	5:47	7:08	8:09	12:42	14:17	15:52	18:01	23:32	26:24	27:21	31:22	35:36
	Widnau		0:45	1:21	3:41	1:21	1:01	4:33	1:35	1:35	2:09	5:31	2:52	0:57	4:01	4:14
			39:19	43:43	46:13	47:27	50:23	52:18	57:29	58:59						
			3:43	4:24	2:30	1:14	2:56	1:55	5:11	1:30						
	Livia Schmid	**Fehlst**	0:46	1:45	2:40	3:36	5:39	-----	20:49	21:24	22:01	23:49	24:56	25:32	26:31	28:06
	Widnau		0:46	0:59	0:55	0:56	2:03		15:10	0:35	0:37	1:48	1:07	0:36	0:59	1:35
			29:00	30:45	31:23	31:50	32:34	33:01	-----	34:49		*15:20*	*17:24*	*33:56*		
			0:54	1:45	0:38	0:27	0:44	0:27		1:48		**117*	**118*	**90*		
	Dyna Galli	**Fehlst**	0:35	1:13	1:44	3:07	7:05	40:28	-----	43:29	44:40	-----	-----	-----	-----	-----
	Marbach		0:35	0:38	0:31	1:23	3:58	33:23		3:01	1:11					
			-----	-----	-----	-----	-----	-----	-----			*18:07*				
												**115*				

Pl	Schule	Zeit														
Plausch mittel (31)		**2.7 km 0 Hm 22 P**														
			1(62)	2(83)	3(78)	4(79)	5(109)	6(108)	7(76)	8(74)	9(114)	10(101)	11(120)	12(65)	13(68)	14(86)
			15(85)	16(103)	17(104)	18(105)	19(106)	20(107)	21(87)	22(89)	Z					
1	**Kurt Zünd**	**18:50**	0:50	1:28	2:09	2:48	3:13	3:57	**5:06**	**6:24**	**7:17**	**9:57**	**10:46**	**11:49**	**13:03**	**13:27**
	Diepoldsau		0:50	0:38	***0:41***	0:39	***0:25***	0:44	1:09	***1:18***	0:53	2:40	0:49	1:03	1:14	***0:24***
			14:19	**15:19**	**15:48**	**16:16**	**16:58**	**17:19**	**17:54**	**18:29**	**18:50**					
			0:52	1:00	***0:29***	0:28	***0:42***	***0:21***	***0:35***	0:35	0:21					
2	**Raffael Zanoni**	**20:50**	3:41	4:13	5:10	5:43	6:10	6:46	7:51	9:09	9:50	12:06	12:47	13:38	14:47	15:11
	Au		3:41	0:32	0:57	***0:33***	0:27	***0:36***	***1:05***	***1:18***	***0:41***	***2:16***	***0:41***	***0:51***	***1:09***	***0:24***
			16:00	16:56	17:26	17:53	18:48	19:17	19:59	20:35	20:50					
			0:49	***0:56***	0:30	***0:27***	0:55	0:29	0:42	0:36	***0:15***					
3	**Sonja Galli**	**21:13**	0:47	1:16	**2:05**	**2:39**	**3:11**	**3:55**	5:29	6:57	7:51	10:53	11:49	12:51	14:32	15:02
	Marbach		0:47	***0:29***	0:49	0:34	0:32	0:44	1:34	1:28	0:54	3:02	0:56	1:02	1:41	0:30
			16:11	17:30	18:06	18:36	19:24	19:51	20:28	20:53	21:13					
			1:09	1:19	0:36	0:30	0:48	0:27	0:37	0:25	0:20					
4	**Tamara Hutter**	**22:45**	0:37	1:19	2:10	2:46	3:15	4:08	5:36	7:14	8:24	11:30	12:39	13:46	15:27	16:06
	Heerbrugg		0:37	0:42	0:51	0:36	0:29	0:53	1:28	1:38	1:10	3:06	1:09	1:07	1:41	0:39
			17:24	18:40	19:20	19:55	20:45	21:13	21:54	22:28	22:45					
			1:18	1:16	0:40	0:35	0:50	0:28	0:41	0:34	0:17					
5	**Samuel Breu**	**23:30**	0:46	1:27	2:22	3:00	3:36	4:23	5:43	7:04	8:11	11:49	12:43	13:47	15:19	15:52
	Oberegg		0:46	0:41	0:55	0:38	0:36	0:47	1:20	1:21	1:07	3:38	0:54	1:04	1:32	0:33
			17:12	18:21	19:01	19:31	20:26	20:59	22:21	23:14	23:30					
			1:20	1:09	0:40	0:30	0:55	0:33	1:22	0:53	0:16					
6	**Hanna Bognar**	**25:25**	0:35	1:28	2:22	3:35	4:04	5:13	6:32	7:56	9:16	11:52	13:10	15:33	16:54	17:21
	Widnau		0:35	0:53	0:54	1:13	0:29	1:09	1:19	1:24	1:20	2:36	1:18	2:23	1:21	0:27
			18:28	19:35	20:13	20:49	21:34	22:35	24:46	25:05	25:25					
			1:07	1:07	0:38	0:36	0:45	1:01	2:11	***0:19***	0:20					
7	**Christian Kehl**	**26:36**	0:38	1:49	2:52	3:27	4:02	4:50	6:31	8:15	10:32	14:04	15:03	16:36	18:21	18:53
	Widnau		0:38	1:11	1:03	0:35	0:35	0:48	1:41	1:44	2:17	3:32	0:59	1:33	1:45	0:32
			20:17	21:34	22:21	22:57	23:57	24:31	25:18	26:11	26:36					
			1:24	1:17	0:47	0:36	1:00	0:34	0:47	0:53	0:25					
8	**Seraina Heule**	**29:18**	0:37	1:16	2:14	3:14	3:47	4:27	5:54	7:22	8:13	17:00	17:56	18:54	20:15	20:48
	Widnau		0:37	0:39	0:58	1:00	0:33	0:40	1:27	1:28	0:51	8:47	0:56	0:58	1:21	0:33
			22:02	23:15	25:23	26:47	27:35	27:59	28:40	29:00	29:18					
			1:14	1:13	2:08	1:24	0:48	0:24	0:41	0:20	0:18					
9	**Marc Pötzsch**	**30:17**	1:12	2:14	3:43	4:41	5:18	6:19	8:44	10:53	12:42	16:42	18:06	19:29	20:54	21:44
	Staad		1:12	1:02	1:29	0:58	0:37	1:01	2:25	2:09	1:49	4:00	1:24	1:23	1:25	0:50
			22:57	24:33	25:41	26:15	27:22	28:30	29:31	30:02	30:17					
			1:13	1:36	1:08	0:34	1:07	1:08	1:01	0:31	***0:15***					
10	**Julia Sieber**	**30:55**	0:43	1:45	3:08	3:48	4:22	6:14	7:46	10:01	11:30	15:13	17:31	19:36	21:45	22:19
	Widnau		0:43	1:02	1:23	0:40	0:34	1:52	1:32	2:15	1:29	3:43	2:18	2:05	2:09	0:34
			24:51	26:04	26:44	27:19	28:20	29:11	30:13	30:39	30:55					
			2:32	1:13	0:40	0:35	1:01	0:51	1:02	0:26	0:16					
11	**Markus Heule**	**31:58**	1:04	1:52	2:50	3:29	4:03	5:25	7:26	9:23	10:23	14:16	15:38	18:50	20:56	21:38
	Widnau		1:04	0:48	0:58	0:39	0:34	1:22	2:01	1:57	1:00	3:53	1:22	3:12	2:06	0:42
			23:29	25:04	25:49	26:35	27:31	28:07	29:23	30:34	31:58					
			1:51	1:35	0:45	0:46	0:56	0:36	1:16	1:11	1:24					
12	**Kira Heule**	**32:13**	**0:26**	1:17	2:06	3:11	3:49	4:42	6:26	8:06	10:21	14:28	15:36	18:00	20:20	21:52
	Widnau		***0:26***	0:51	0:49	1:05	0:38	0:53	1:44	1:40	2:15	4:07	1:08	2:24	2:20	1:32
			23:19	24:42	25:33	26:14	27:41	28:11	31:20	31:41	32:13		*29:42*			
			1:27	1:23	0:51	0:41	1:27	0:30	3:09	0:21	0:32		**89*			
13	**Moana Gschwend**	**32:31**	0:32	1:37	2:49	3:29	4:03	4:52	7:10	9:22	11:00	16:19	17:22	18:59	21:01	21:47
	Widnau		0:32	1:05	1:12	0:40	0:34	0:49	2:18	2:12	1:38	5:19	1:03	1:37	2:02	0:46
			23:41	25:38	26:33	27:36	29:17	30:13	31:25	32:11	32:31					
			1:54	1:57	0:55	1:03	1:41	0:56	1:12	0:46	0:20					
14	**Karin Mosch**	**32:43**	1:07	2:47	3:48	4:42	5:25	6:34	8:57	11:54	13:17	17:46	19:18	20:50	23:04	23:42
	Rebstein		1:07	1:40	1:01	0:54	0:43	1:09	2:23	2:57	1:23	4:29	1:32	1:32	2:14	0:38
			25:40	27:29	28:24	29:08	30:04	30:45	31:41	32:08	32:43					
			1:58	1:49	0:55	0:44	0:56	0:41	0:56	0:27	0:35					
15	**Bianca Federer**	**33:24**	0:52	1:32	2:26	3:04	3:39	4:35	6:14	7:40	8:39	14:32	16:10	18:53	21:05	21:55
	Widnau		0:52	0:40	0:54	0:38	0:35	0:56	1:39	1:26	0:59	5:53	1:38	2:43	2:12	0:50
			23:59	26:29	27:39	28:33	30:01	30:59	32:21	33:06	33:24					
			2:04	2:30	1:10	0:54	1:28	0:58	1:22	0:45	0:18					
16	**Vre Harzenmoser**	**34:23**	0:44	1:35	2:40	6:09	6:42	7:52	9:33	11:12	12:09	16:34	17:34	18:43	20:37	22:14
	St.Gallen		0:44	0:51	1:05	3:29	0:33	1:10	1:41	1:39	0:57	4:25	1:00	1:09	1:54	1:37
			23:27	24:50	25:35	26:16	30:14	30:42	32:11	33:50	34:23		*32:37*			
			1:13	1:23	0:45	0:41	3:58	0:28	1:29	1:39	0:33		**90*			
17	**Michael Pizzeghello**	**34:54**	0:57	3:26	4:27	5:30	6:21	7:43	9:34	17:54	18:49	22:00	23:02	24:23	25:48	26:24
	Widnau		0:57	2:29	1:01	1:03	0:51	1:22	1:51	8:20	0:55	3:11	1:02	1:21	1:25	0:36
			27:33	28:56	29:56	30:31	31:41	32:10	33:17	33:44	34:54					
			1:09	1:23	1:00	0:35	1:10	0:29	1:07	0:27	1:10					
18	**Janet Lutz**	**35:11**	0:35	1:14	2:32	3:16	4:02	4:51	15:28	17:22	18:25	22:22	23:34	24:56	26:51	27:28
	Widnau		0:35	0:39	1:18	0:44	0:46	0:49	10:37	1:54	1:03	3:57	1:12	1:22	1:55	0:37
			28:47	30:18	31:04	31:41	32:48	33:15	34:04	34:46	35:11					
			1:19	1:31	0:46	0:37	1:07	0:27	0:49	0:42	0:25					
19	**Katja Büchel**	**35:13**	0:34	**1:13**	2:27	3:10	4:02	4:47	15:28	17:21	18:25	22:16	23:37	24:55	26:45	27:28
	St.Margrethen		0:34	0:39	1:14	0:43	0:52	0:45	10:41	1:53	1:04	3:51	1:21	1:18	1:50	0:43
			28:43	30:18	31:01	31:40	32:46	33:15	34:01	34:44	35:13					
			1:15	1:35	0:43	0:39	1:06	0:29	0:46	0:43	0:29					
20	**Taina Ruckdeschel**	**47:59**	0:37	1:44	3:00	3:44	4:42	6:05	8:31	11:40	14:06	19:24	20:51	23:05	26:03	27:12
	Marbach		0:37	1:07	1:16	0:44	0:58	1:23	2:26	3:09	2:26	5:18	1:27	2:14	2:58	1:09
			29:37	39:57	41:46	43:11	44:18	44:49	45:58	47:42	47:59					
			2:25	10:20	1:49	1:25	1:07	0:31	1:09	1:44	0:17					

Pl	Schule	Zeit														
Plausch mittel (31)		***2.7 km 0 Hm 22 P***					*(Forts.)*									
			1(62)	2(83)	3(78)	4(79)	5(109)	6(108)	7(76)	8(74)	9(114)	10(101)	11(120)	12(65)	13(68)	14(86)
			15(85)	16(103)	17(104)	18(105)	19(106)	20(107)	21(87)	22(89)	Z					
21	**Andrea Rupper**	**50:08**	1:04	11:36	12:41	13:29	14:36	18:48	20:33	22:27	23:42	34:23	35:41	37:26	39:29	40:36
	Diepoldsau		1:04	10:32	1:05	0:48	1:07	4:12	1:45	1:54	1:15	10:41	1:18	1:45	2:03	1:07
			42:05	44:07	44:52	46:01	47:09	47:41	48:32	49:34	50:08		*1:38*	*2:37*	*4:28*	*5:14*
			1:29	2:02	0:45	1:09	1:08	0:32	0:51	1:02	0:34		**82*	**105*	**104*	**103*
			10:45													
			**82*													
21	**Andrea Rupper**	**50:08**	1:05	11:32	12:44	13:30	14:35	18:46	20:31	22:24	23:41	34:08	35:33	37:44	39:34	40:36
	Diepoldsau		1:05	10:27	1:12	0:46	1:05	4:11	1:45	1:53	1:17	10:27	1:25	2:11	1:50	1:02
			42:10	44:12	44:51	46:06	47:08	47:40	48:36	49:34	50:08		*1:39*	*2:33*	*4:28*	*5:18*
			1:34	2:02	0:39	1:15	1:02	0:32	0:56	0:58	0:34		**82*	**105*	**104*	**103*
			10:43													
			**82*													
23	**Christina Frei**	**52:19**	1:09	2:26	12:56	13:33	14:20	16:00	18:13	32:03	34:08	38:13	39:45	41:11	43:35	44:37
	Widnau		1:09	1:17	10:30	0:37	0:47	1:40	2:13	13:50	2:05	4:05	1:32	1:26	2:24	1:02
			45:58	47:31	48:14	49:00	50:08	50:50	51:29	51:58	52:19					
			1:21	1:33	0:43	0:46	1:08	0:42	0:39	0:29	0:21					
24	**Sabrina Büchel**	**53:13**	0:35	1:40	2:48	3:35	4:15	4:58	7:11	9:39	11:04	17:00	18:20	29:34	32:44	33:19
	St.Margrethen		0:35	1:05	1:08	0:47	0:40	0:43	2:13	2:28	1:25	5:56	1:20	11:14	3:10	0:35
			35:07	38:14	39:25	40:51	42:41	51:06	52:18	52:48	53:13					
			1:48	3:07	1:11	1:26	1:50	8:25	1:12	0:30	0:25					
25	**Ramon Fritschi**	**56:05**	0:33	4:23	7:31	8:18	9:04	11:37	13:32	21:59	23:40	27:52	28:54	30:25	34:03	34:46
	Widnau		0:33	3:50	3:08	0:47	0:46	2:33	1:55	8:27	1:41	4:12	1:02	1:31	3:38	0:43
			36:22	47:27	49:36	50:13	51:04	53:13	54:16	54:47	56:05					
			1:36	11:05	2:09	0:37	0:51	2:09	1:03	0:31	1:18					
26	**Ronja Frei**	**56:43**	1:54	3:45	5:05	5:52	8:03	9:25	12:17	15:15	18:17	27:13	28:28	29:49	32:31	33:59
	Widnau		1:54	1:51	1:20	0:47	2:11	1:22	2:52	2:58	3:02	8:56	1:15	1:21	2:42	1:28
			36:41	38:41	41:49	44:51	46:12	47:57	49:07	56:17	56:43					
			2:42	2:00	3:08	3:02	1:21	1:45	1:10	7:10	0:26					
27	**Corina Grüninger**	**1:05:31**	1:36	6:32	8:27	10:08	11:00	16:01	18:06	43:06	45:09	49:28	50:48	54:05	55:29	57:09
	Widnau		1:36	4:56	1:55	1:41	0:52	5:01	2:05	25:00	2:03	4:19	1:20	3:17	1:24	1:40
			58:15	59:33	1:00:17	1:00:58	1:03:12	1:03:33	1:04:29	1:05:10	1:05:31					
			1:06	1:18	0:44	0:41	2:14	***0:21***	0:56	0:41	0:21					
28	**Joelle Sieber**	**1:18:19**	1:13	3:20	5:44	9:26	43:30	44:50	55:01	56:40	58:22	1:02:04	1:03:32	1:05:23	1:07:59	1:08:33
	Widnau		1:13	2:07	2:24	3:42	34:04	1:20	10:11	1:39	1:42	3:42	1:28	1:51	2:36	0:34
			1:10:32	1:11:47	1:12:33	1:13:16	1:14:43	1:15:05	1:16:01	1:18:01	1:18:19		*0:49*			
			1:59	1:15	0:46	0:43	1:27	0:22	0:56	2:00	0:18		**61*			
29	**Simona Chéreau**	**1:21:34**	2:24	8:26	10:12	11:28	12:01	13:09	16:01	18:03	34:24	38:57	40:19	55:08	58:34	59:21
	Widnau		2:24	6:02	1:46	1:16	0:33	1:08	2:52	2:02	16:21	4:33	1:22	14:49	3:26	0:47
			1:02:13	1:12:14	1:13:48	1:15:55	1:17:06	1:17:41	1:20:41	1:21:17	1:21:34					
			2:52	10:01	1:34	2:07	1:11	0:35	3:00	0:36	0:17					
	Amanda Dürr	**Fehlst**	2:05	3:42	5:55	8:00	10:16	15:20	17:49	33:15	34:48	43:11	47:09	-----	51:10	52:21
	Widnau		2:05	1:37	2:13	2:05	2:16	5:04	2:29	15:26	1:33	8:23	3:58		4:01	1:11
			56:13	1:01:38	1:02:48	1:04:11	1:06:00	1:14:43	1:15:39	-----	1:16:33					
			3:52	5:25	1:10	1:23	1:49	8:43	0:56		0:54					
	Timo Maichen	**Fehlst**	4:20	9:15	35:26	36:43	40:07	41:40	44:03	48:11	50:00	-----	-----	-----	-----	-----
	Widnau		4:20	4:55	26:11	1:17	3:24	1:33	2:23	4:08	1:49					
			-----	-----	-----	-----	-----	-----	-----	-----						

Plausch lang (57)		**3.4 km 0 Hm 29 P**														
			1(81)	2(82)	3(105)	4(104)	5(103)	6(85)	7(70)	8(69)	9(86)	10(120)	11(101)	12(121)	13(111)	14(124)
			15(112)	16(122)	17(123)	18(125)	19(113)	20(114)	21(74)	22(75)	23(83)	24(78)	25(119)	26(108)	27(109)	28(80)
			29(90)	Z												
1	**Matthias Sieber**	**22:39**	0:23	0:43	**1:16**	**1:46**	**2:09**	**2:56**	**3:27**	**3:54**	**4:49**	**5:26**	**6:07**	**6:56**	**8:34**	**9:30**
	Widnau		0:23	0:20	***0:33***	0:30	***0:23***	***0:47***	0:31	0:27	0:55	***0:37***	***0:41***	0:49	***1:38***	0:56
			10:10	**11:14**	**12:12**	**13:53**	**14:37**	**16:05**	**16:44**	**17:51**	**18:19**	**19:05**	**19:45**	**20:26**	**21:08**	**21:58**
			0:40	***1:04***	***0:58***	1:41	0:44	***1:28***	0:39	1:07	***0:28***	0:46	0:40	0:41	0:42	***0:50***
			22:17	**22:39**												
			0:19	0:22												
2	**Hans Müggler**	**25:46**	0:27	0:50	1:32	1:58	2:28	3:32	4:06	4:33	5:34	6:20	7:27	8:21	10:06	10:59
	Oberuzwil		0:27	0:23	0:42	0:26	0:30	1:04	0:34	0:27	1:01	0:46	1:07	0:54	1:45	0:53
			11:51	13:11	14:23	16:26	16:55	18:39	19:27	20:40	21:18	22:03	22:53	23:20	24:02	25:04
			0:52	1:20	1:12	2:03	0:29	1:44	0:48	1:13	0:38	0:45	0:50	0:27	0:42	1:02
			25:21	25:46												
			0:17	0:25												
3	**Michelle Pils**	**26:40**	0:31	0:54	1:36	2:02	2:31	3:33	4:21	4:51	5:56	6:49	7:40	8:41	10:42	11:34
	Oberriet		0:31	0:23	0:42	0:26	0:29	1:02	0:48	0:30	1:05	0:53	0:51	1:01	2:01	0:52
			12:25	13:47	14:57	17:04	17:36	19:29	20:18	21:33	22:04	22:58	23:50	24:15	24:53	26:00
			0:51	1:22	1:10	2:07	0:32	1:53	0:49	1:15	0:31	0:54	0:52	0:25	0:38	1:07
			26:17	26:40												
			0:17	0:23												
4	**Thomas Müller**	**28:13**	0:59	1:17	1:56	2:25	2:55	4:08	4:55	5:22	6:24	7:09	7:57	8:56	10:52	11:36
	Rheineck		0:59	0:18	0:39	0:29	0:30	1:13	0:47	0:27	1:02	0:45	0:48	0:59	1:56	0:44
			12:27	13:48	15:03	17:17	17:48	19:47	20:34	22:50	23:32	24:18	25:15	25:40	26:23	27:31
			0:51	1:21	1:15	2:14	0:31	1:59	0:47	2:16	0:42	0:46	0:57	0:25	0:43	1:08
			27:49	28:13												
			0:18	0:24												

Plausch lang (57) ***3.4 km 0 Hm 29 P*** *(Forts.)*

Pl	Schule	Zeit	1(81)	2(82)	3(105)	4(104)	5(103)	6(85)	7(70)	8(69)	9(86)	10(120)	11(101)	12(121)	13(111)	14(124)
			15(112)	16(122)	17(123)	18(125)	19(113)	20(114)	21(74)	22(75)	23(83)	24(78)	25(119)	26(108)	27(109)	28(80)
			29(90)	Z												
5	**Roland Sturzenegger**	**28:46**	0:44	1:39	2:17	2:44	3:11	4:18	5:02	5:41	6:48	7:33	9:02	9:58	11:49	12:39
	Heerbrugg		0:44	0:55	0:38	0:27	0:27	1:07	0:44	0:39	1:07	0:45	1:29	0:56	1:51	0:50
			13:40	14:59	16:31	18:30	18:58	20:37	21:32	22:47	23:36	24:25	25:52	26:26	27:09	28:04
			1:01	1:19	1:32	1:59	0:28	1:39	0:55	1:15	0:49	0:49	1:27	0:34	0:43	0:55
			28:21	28:46												
			0:17	0:25												
6	**Robin Eugster**	**30:27**	0:55	1:16	2:48	3:33	3:57	5:23	6:14	6:44	8:02	8:43	9:42	10:38	12:28	13:25
	Widnau		0:55	0:21	1:32	0:45	0:24	1:26	0:51	0:30	1:18	0:41	0:59	0:56	1:50	0:57
			14:16	15:24	16:51	19:07	19:34	21:15	22:05	23:35	24:10	24:53	27:06	27:38	28:13	29:30
			0:51	1:08	1:27	2:16	0:27	1:41	0:50	1:30	0:35	***0:43***	2:13	0:32	0:35	1:17
			29:57	30:27												
			0:27	0:30												
7	**Lukas Bösch**	**30:28**	0:56	1:17	2:48	3:33	3:58	5:23	6:14	6:46	8:02	8:45	9:44	10:39	12:35	13:26
	Widnau		0:56	0:21	1:31	0:45	0:25	1:25	0:51	0:32	1:16	0:43	0:59	0:55	1:56	0:51
			14:19	15:25	16:52	19:05	19:36	21:19	22:07	23:36	24:12	24:55	27:07	27:35	28:14	29:31
			0:53	1:06	1:27	2:13	0:31	1:43	0:48	1:29	0:36	***0:43***	2:12	0:28	0:39	1:17
			30:00	30:28												
			0:29	0:28												
8	**Anina Ryser**	**30:48**	0:53	1:11	1:53	2:20	2:49	4:20	5:05	5:40	6:45	7:32	8:23	9:28	11:26	12:21
	Widnau		0:53	0:18	0:42	0:27	0:29	1:31	0:45	0:35	1:05	0:47	0:51	1:05	1:58	0:55
			13:20	14:55	16:11	18:36	19:09	21:11	22:25	23:48	25:29	26:40	27:43	28:08	28:53	30:05
			0:59	1:35	1:16	2:25	0:33	2:02	1:14	1:23	1:41	1:11	1:03	0:25	0:45	1:12
			30:28	30:48												
			0:23	0:20												
9	**August Waser**	**30:57**	0:28	0:58	2:12	2:40	3:08	4:13	4:58	5:29	6:42	7:28	8:15	9:14	11:26	12:26
	Altstätten		0:28	0:30	1:14	0:28	0:28	1:05	0:45	0:31	1:13	0:46	0:47	0:59	2:12	1:00
			13:15	14:24	15:31	17:26	18:06	19:55	20:47	21:54	22:28	25:01	25:54	26:20	26:54	27:56
			0:49	1:09	1:07	1:55	0:40	1:49	0:52	1:07	0:34	2:33	0:53	0:26	***0:34***	1:02
			30:26	30:57												
			2:30	0:31												
10	**Sebastian Spirig**	**31:32**	0:29	0:55	1:39	2:27	2:53	4:01	5:01	5:45	6:47	7:38	8:33	9:38	13:28	14:23
	Widnau		0:29	0:26	0:44	0:48	0:26	1:08	1:00	0:44	1:02	0:51	0:55	1:05	3:50	0:55
			15:18	16:37	17:50	20:07	20:35	22:53	24:09	25:45	26:16	27:14	28:28	28:59	29:51	30:53
			0:55	1:19	1:13	2:17	0:28	2:18	1:16	1:36	0:31	0:58	1:14	0:31	0:52	1:02
			31:10	31:32												
			0:17	0:22												
11	**Katja Pötzsch**	**35:39**	0:56	1:26	2:19	2:55	3:35	4:51	5:51	7:12	8:20	9:05	10:00	11:03	14:40	15:53
	Staad		0:56	0:30	0:53	0:36	0:40	1:16	1:00	1:21	1:08	0:45	0:55	1:03	3:37	1:13
			17:52	19:17	20:37	22:55	23:45	25:59	26:55	28:08	29:08	30:16	32:29	32:57	33:43	34:49
			1:59	1:25	1:20	2:18	0:50	2:14	0:56	1:13	1:00	1:08	2:13	0:28	0:46	1:06
			35:20	35:39												
			0:31	0:19												
12	**Joshua Weder**	**37:19**	1:25	1:48	4:57	5:25	5:55	7:00	8:03	8:40	9:42	10:28	11:17	12:15	16:52	17:40
	Widnau		1:25	0:23	3:09	0:28	0:30	1:05	1:03	0:37	1:02	0:46	0:49	0:58	4:37	0:48
			18:55	20:58	22:35	25:40	26:24	28:32	29:15	30:26	31:09	32:31	34:05	34:39	35:23	36:30
			1:15	2:03	1:37	3:05	0:44	2:08	0:43	1:11	0:43	1:22	1:34	0:34	0:44	1:07
			36:52	37:19												
			0:22	0:27												
13	**Sandro Gschwend**	**37:53**	0:30	0:51	3:15	3:56	4:29	5:36	6:30	7:03	8:14	9:11	10:06	10:54	13:12	14:04
	Widnau		0:30	0:21	2:24	0:41	0:33	1:07	0:54	0:33	1:11	0:57	0:55	***0:48***	2:18	0:52
			15:29	17:12	19:02	21:23	21:49	24:54	26:47	29:11	30:19	33:22	34:28	35:08	36:01	37:00
			1:25	1:43	1:50	2:21	0:26	3:05	1:53	2:24	1:08	3:03	1:06	0:40	0:53	0:59
			37:25	37:53												
			0:25	0:28												
14	**Josef Signer**	**38:04**	0:33	0:58	1:53	2:39	3:18	4:31	5:10	5:46	7:46	8:46	11:11	12:16	16:17	18:45
	Altstätten		0:33	0:25	0:55	0:46	0:39	1:13	0:39	0:36	2:00	1:00	2:25	1:05	4:01	2:28
			19:45	21:15	22:45	25:06	25:45	27:54	28:59	30:30	32:05	33:32	34:37	35:07	35:56	37:09
			1:00	1:30	1:30	2:21	0:39	2:09	1:05	1:31	1:35	1:27	1:05	0:30	0:49	1:13
			37:36	38:04												
			0:27	0:28												
15	**Janina Bornhauser**	**38:08**	0:24	1:25	3:11	3:52	4:34	8:00	9:20	9:44	10:52	11:35	12:30	13:35	17:11	18:25
	Widnau		0:24	1:01	1:46	0:41	0:42	3:26	1:20	***0:24***	1:08	0:43	0:55	1:05	3:36	1:14
			20:22	21:45	23:11	25:26	26:15	28:31	29:27	30:39	31:38	32:47	35:00	35:27	36:15	37:21
			1:57	1:23	1:26	2:15	0:49	2:16	0:56	1:12	0:59	1:09	2:13	0:27	0:48	1:06
			37:51	38:08												
			0:30	0:17												
16	**Rafael Sieber**	**39:33**	0:31	1:00	1:45	2:32	3:20	5:02	6:22	6:47	8:09	8:51	9:38	11:10	14:43	15:26
	Widnau		0:31	0:29	0:45	0:47	0:48	1:42	1:20	0:25	1:22	0:42	0:47	1:32	3:33	***0:43***
			16:58	18:21	20:00	21:38	22:11	24:06	25:04	26:10	26:43	29:10	36:07	36:53	37:28	38:19
			1:32	1:23	1:39	***1:38***	0:33	1:55	0:58	***1:06***	0:33	2:27	6:57	0:46	0:35	0:51
			39:10	39:33												
			0:51	0:23												
17	**Fabian Bartholet**	**41:37**	4:18	6:10	7:02	7:31	9:37	11:15	11:57	12:25	13:27	14:14	15:05	16:07	18:03	18:58
	Widnau		4:18	1:52	0:52	0:29	2:06	1:38	0:42	0:28	1:02	0:47	0:51	1:02	1:56	0:55
			19:54	21:28	22:48	25:16	25:46	27:44	31:42	33:32	34:02	35:52	36:55	37:25	38:04	39:07
			0:56	1:34	1:20	2:28	0:30	1:58	3:58	1:50	0:30	1:50	1:03	0:30	0:39	1:03
			41:15	41:37												
			2:08	0:22												

Plausch lang (57) ***3.4 km 0 Hm 29 P*** *(Forts.)*

Pl	Schule	Zeit	1(81)	2(82)	3(105)	4(104)	5(103)	6(85)	7(70)	8(69)	9(86)	10(120)	11(101)	12(121)	13(111)	14(124)
			15(112)	16(122)	17(123)	18(125)	19(113)	20(114)	21(74)	22(75)	23(83)	24(78)	25(119)	26(108)	27(109)	28(80)
			29(90)	Z												
18	**Peter Krucker**	**42:18**	0:51	1:41	3:35	4:12	4:47	6:09	7:07	7:46	9:11	10:12	11:12	12:33	14:55	16:24
	Niederuzwil		0:51	0:50	1:54	0:37	0:35	1:22	0:58	0:39	1:25	1:01	1:00	1:21	2:22	1:29
			17:41	19:20	20:53	23:35	24:08	26:49	27:58	29:38	32:32	33:36	34:45	35:34	36:18	37:34
			1:17	1:39	1:33	2:42	0:33	2:41	1:09	1:40	2:54	1:04	1:09	0:49	0:44	1:16
			41:55	42:18		*38:03*										
			4:21	0:23		**89*										
19	**Nicole Köppel**	**42:47**	0:34	0:55	2:41	3:19	3:50	5:26	6:23	6:55	8:30	9:15	10:16	11:40	13:58	15:43
	Widnau		0:34	0:21	1:46	0:38	0:31	1:36	0:57	0:32	1:35	0:45	1:01	1:24	2:18	1:45
			16:43	18:57	21:05	25:58	26:26	29:53	31:33	33:32	34:15	38:15	38:53	39:22	40:11	41:15
			1:00	2:14	2:08	4:53	0:28	3:27	1:40	1:59	0:43	4:00	***0:38***	0:29	0:49	1:04
			41:43	42:47												
			0:28	1:04												
20	**Chiara Schawalder**	**43:28**	0:35	0:59	2:41	3:59	4:34	6:36	7:24	8:16	9:44	11:08	12:14	13:49	17:02	18:27
	Widnau		0:35	0:24	1:42	1:18	0:35	2:02	0:48	0:52	1:28	1:24	1:06	1:35	3:13	1:25
			20:00	22:28	24:21	28:06	28:45	31:24	32:51	34:56	35:48	37:08	38:33	39:20	40:12	41:43
			1:33	2:28	1:53	3:45	0:39	2:39	1:27	2:05	0:52	1:20	1:25	0:47	0:52	1:31
			42:13	43:28												
			0:30	1:15												
21	**Fabio Geissler**	**44:21**	0:35	1:03	2:41	3:30	4:17	6:09	7:36	8:59	10:45	11:40	12:40	14:06	17:20	18:31
	Rheineck		0:35	0:28	1:38	0:49	0:47	1:52	1:27	1:23	1:46	0:55	1:00	1:26	3:14	1:11
			19:13	21:26	23:06	28:30	29:45	32:48	33:52	35:21	36:14	37:45	39:44	40:57	42:07	43:18
			0:42	2:13	1:40	5:24	1:15	3:03	1:04	1:29	0:53	1:31	1:59	1:13	1:10	1:11
			43:50	44:21												
			0:32	0:31												
22	**Erisa Saqipi**	**45:20**	0:42	1:32	2:22	3:41	4:24	6:31	8:08	9:09	10:55	11:57	12:54	14:21	17:47	19:13
	Widnau		0:42	0:50	0:50	1:19	0:43	2:07	1:37	1:01	1:46	1:02	0:57	1:27	3:26	1:26
			20:52	23:49	26:24	29:47	30:17	32:45	33:51	35:54	37:35	39:17	40:27	41:16	42:08	43:53
			1:39	2:57	2:35	3:23	0:30	2:28	1:06	2:03	1:41	1:42	1:10	0:49	0:52	1:45
			44:19	45:20												
			0:26	1:01												
23	**Fabian Kühnis**	**49:35**	1:18	1:46	3:37	4:17	4:50	6:16	7:21	7:56	9:19	10:32	11:52	13:11	16:07	17:25
	Widnau		1:18	0:28	1:51	0:40	0:33	1:26	1:05	0:35	1:23	1:13	1:20	1:19	2:56	1:18
			19:16	21:38	24:46	27:54	31:27	35:26	36:38	38:34	39:41	40:34	42:41	43:31	46:35	47:56
			1:51	2:22	3:08	3:08	3:33	3:59	1:12	1:56	1:07	0:53	2:07	0:50	3:04	1:21
			48:25	49:35												
			0:29	1:10												
24	**Marc Popp**	**49:56**	1:00	1:28	3:18	3:58	4:34	5:57	6:57	7:38	9:00	10:13	11:33	12:51	15:48	17:06
	Widnau		1:00	0:28	1:50	0:40	0:36	1:23	1:00	0:41	1:22	1:13	1:20	1:18	2:57	1:18
			18:51	21:14	24:24	27:30	31:33	35:08	36:19	38:15	39:20	40:15	41:48	43:13	46:15	47:37
			1:45	2:23	3:10	3:06	4:03	3:35	1:11	1:56	1:05	0:55	1:33	1:25	3:02	1:22
			48:06	49:56												
			0:29	1:50												
25	**Timo Berhalter**	**50:15**	0:54	1:25	2:13	2:44	3:31	4:45	5:46	8:53	11:26	12:18	13:09	19:31	24:40	25:33
	Widnau		0:54	0:31	0:48	0:31	0:47	1:14	1:01	3:07	2:33	0:52	0:51	6:22	5:09	0:53
			26:31	30:21	33:38	36:53	37:46	40:13	40:47	41:55	42:36	43:30	45:08	45:33	46:15	47:11
			0:58	3:50	3:17	3:15	0:53	2:27	0:34	1:08	0:41	0:54	1:38	0:25	0:42	0:56
			49:58	50:15												
			2:47	0:17												
26	**Sandro Held**	**51:56**	1:00	1:22	2:06	3:02	3:33	5:14	8:29	9:13	10:49	11:57	12:49	18:56	24:03	25:02
	Widnau		1:00	0:22	0:44	0:56	0:31	1:41	3:15	0:44	1:36	1:08	0:52	6:07	5:07	0:59
			25:47	29:39	33:00	35:38	37:08	39:41	40:22	41:35	42:07	42:58	44:34	44:58	45:39	46:37
			0:45	3:52	3:21	2:38	1:30	2:33	0:41	1:13	0:32	0:51	1:36	***0:24***	0:41	0:58
			51:40	51:56												
			5:03	***0:16***												
27	**Vanessa Bischofberger**	**52:41**	0:39	0:57	1:42	2:17	3:21	5:41	6:31	7:14	8:32	9:50	10:55	12:41	17:05	18:53
	Widnau		0:39	0:18	0:45	0:35	1:04	2:20	0:50	0:43	1:18	1:18	1:05	1:46	4:24	1:48
			20:40	23:17	25:18	29:09	30:18	34:28	36:01	40:40	41:23	43:10	45:20	46:07	47:29	49:34
			1:47	2:37	2:01	3:51	1:09	4:10	1:33	4:39	0:43	1:47	2:10	0:47	1:22	2:05
			51:35	52:41												
			2:01	1:06												
28	**Sira Amide**	**52:52**	2:00	2:20	4:26	4:59	6:07	7:49	8:55	12:57	14:55	15:55	16:42	18:10	21:57	23:31
	Widnau		2:00	0:20	2:06	0:33	1:08	1:42	1:06	4:02	1:58	1:00	0:47	1:28	3:47	1:34
			25:03	27:42	30:28	33:27	33:52	36:03	37:11	39:06	46:00	46:56	48:53	49:33	50:09	51:52
			1:32	2:39	2:46	2:59	***0:25***	2:11	1:08	1:55	6:54	0:56	1:57	0:40	0:36	1:43
			52:21	52:52												
			0:29	0:31												
29	**Eveline Dudda**	**53:37**	3:28	4:10	5:11	5:50	6:35	8:08	9:05	9:45	11:24	12:31	14:27	15:48	20:50	21:57
	Hinterforst		3:28	0:42	1:01	0:39	0:45	1:33	0:57	0:40	1:39	1:07	1:56	1:21	5:02	1:07
			23:07	25:18	26:55	29:59	30:32	34:05	35:19	41:34	42:25	43:43	46:21	46:58	48:05	49:47
			1:10	2:11	1:37	3:04	0:33	3:33	1:14	6:15	0:51	1:18	2:38	0:37	1:07	1:42
			52:46	53:37		*37:16*										
			2:59	0:51		**76*										
30	**Larissa Berténya**	**54:37**	2:16	5:49	6:28	7:09	7:51	9:22	10:17	11:01	12:08	13:29	14:40	22:52	27:28	28:53
	Widnau		2:16	3:33	0:39	0:41	0:42	1:31	0:55	0:44	1:07	1:21	1:11	8:12	4:36	1:25
			30:35	33:10	35:57	38:34	39:34	42:13	43:08	44:32	47:14	48:11	49:31	50:21	51:08	52:46
			1:42	2:35	2:47	2:37	1:00	2:39	0:55	1:24	2:42	0:57	1:20	0:50	0:47	1:38
			53:17	54:37												
			0:31	1:20												

Plausch lang (57) ***3.4 km 0 Hm 29 P*** *(Forts.)*

Pl	Schule	Zeit														
			1(81)	2(82)	3(105)	4(104)	5(103)	6(85)	7(70)	8(69)	9(86)	10(120)	11(101)	12(121)	13(111)	14(124)
			15(112)	16(122)	17(123)	18(125)	19(113)	20(114)	21(74)	22(75)	23(83)	24(78)	25(119)	26(108)	27(109)	28(80)
			29(90)	Z												
31	**Sabrina Fretz**	**55:50**	0:26	2:09	6:19	13:57	14:56	16:27	17:35	18:29	19:51	21:00	21:54	23:38	25:40	26:33
	Widnau		0:26	1:43	4:10	7:38	0:59	1:31	1:08	0:54	1:22	1:09	0:54	1:44	2:02	0:53
			28:09	29:55	31:56	35:59	39:56	45:18	45:51	47:50	48:31	49:49	51:21	52:05	53:07	54:43
			1:36	1:46	2:01	4:03	3:57	5:22	***0:33***	1:59	0:41	1:18	1:32	0:44	1:02	1:36
			55:32	55:50		*2:46*										
			0:49	0:18		**83*										
32	**Kim Hutter**	**57:46**	1:37	2:11	4:04	4:52	5:28	8:04	8:47	9:47	11:36	12:29	13:59	15:57	19:10	21:12
	Widnau		1:37	0:34	1:53	0:48	0:36	2:36	0:43	1:00	1:49	0:53	1:30	1:58	3:13	2:02
			23:07	25:55	28:09	33:01	35:15	39:15	40:45	43:20	44:11	46:52	53:27	54:18	55:04	56:51
			1:55	2:48	2:14	4:52	2:14	4:00	1:30	2:35	0:51	2:41	6:35	0:51	0:46	1:47
			57:25	57:46												
			0:34	0:21												
33	**Sarah Kühnis**	**1:03:35**	0:31	0:58	4:37	5:02	5:36	8:58	9:44	11:15	12:30	13:43	14:51	16:29	19:15	21:00
	Widnau		0:31	0:27	3:39	***0:25***	0:34	3:22	0:46	1:31	1:15	1:13	1:08	1:38	2:46	1:45
			35:50	38:17	40:46	46:01	47:10	50:30	51:18	52:44	53:47	56:20	57:54	58:33	1:00:07	1:02:11
			14:50	2:27	2:29	5:15	1:09	3:20	0:48	1:26	1:03	2:33	1:34	0:39	1:34	2:04
			1:02:39	1:03:35												
			0:28	0:56												
34	**Sadina Asanoska**	**1:09:47**	0:51	1:23	3:56	4:29	5:37	7:18	8:17	13:14	14:43	16:09	17:27	19:02	26:07	27:27
	Widnau		0:51	0:32	2:33	0:33	1:08	1:41	0:59	4:57	1:29	1:26	1:18	1:35	7:05	1:20
			29:06	31:06	40:48	46:27	47:16	51:15	52:46	55:31	56:36	57:50	1:04:11	1:04:53	1:06:02	1:07:56
			1:39	2:00	9:42	5:39	0:49	3:59	1:31	2:45	1:05	1:14	6:21	0:42	1:09	1:54
			1:09:21	1:09:47												
			1:25	0:26												
35	**Sada Mavmudoska**	**1:12:15**	1:38	5:41	6:33	7:12	7:59	9:18	10:18	11:31	14:23	16:45	17:41	23:24	29:14	30:07
	Widnau		1:38	4:03	0:52	0:39	0:47	1:19	1:00	1:13	2:52	2:22	0:56	5:43	5:50	0:53
			31:22	33:48	43:28	48:51	49:22	54:05	55:27	57:55	59:00	1:00:18	1:06:36	1:07:17	1:08:26	1:10:17
			1:15	2:26	9:40	5:23	0:31	4:43	1:22	2:28	1:05	1:18	6:18	0:41	1:09	1:51
			0.00	1:12:15		*1:13*	*13:26*									
				1:58		**61*	**68*									
36	**Nelly Blatter**	**1:23:11**	1:22	1:45	4:12	5:24	5:51	7:17	8:27	20:55	21:45	22:54	24:13	26:13	45:25	54:28
	Widnau		1:22	0:23	2:27	1:12	0:27	1:26	1:10	12:28	***0:50***	1:09	1:19	2:00	19:12	9:03
			57:50	1:00:44	1:02:44	1:06:07	1:06:32	1:09:17	1:10:24	1:12:03	1:13:08	1:17:53	1:20:16	1:20:47	1:21:23	1:22:26
			3:22	2:54	2:00	3:23	***0:25***	2:45	1:07	1:39	1:05	4:45	2:23	0:31	0:36	1:03
			1:22:48	1:23:11		*1:22:35*										
			0:22	0:23		**87*										
	Manuel Köppel	**Fehlst**	0:41	1:10	1:55	2:45	3:10	5:02	5:43	6:21	7:39	8:34	11:28	12:44	15:05	16:16
	Widnau		0:41	0:29	0:45	0:50	0:25	1:52	0:41	0:38	1:18	0:55	2:54	1:16	2:21	1:11
			17:55	20:24	22:13	26:04	26:35	-----	29:34	31:18	32:25	33:26	-----	-----	35:19	36:51
			1:39	2:29	1:49	3:51	0:31		2:59	1:44	1:07	1:01			1:53	1:32
			37:14	37:52												
			0:23	0:38												
	Fabian Gresser	**Fehlst**	0:33	1:01	1:47	2:36	3:03	4:53	5:41	6:13	7:43	8:28	11:17	12:32	14:53	16:10
	Widnau		0:33	0:28	0:46	0:49	0:27	1:50	0:48	0:32	1:30	0:45	2:49	1:15	2:21	1:17
			17:51	20:11	22:02	25:59	26:28	-----	29:28	31:06	32:13	33:17	-----	-----	35:13	36:40
			1:41	2:20	1:51	3:57	0:29		3:00	1:38	1:07	1:04			1:56	1:27
			37:08	37:43												
			0:28	0:35												
	Lucas Löpfe	**Fehlst**	0:45	1:07	1:48	2:15	3:51	4:51	5:40	6:13	7:22	8:09	8:59	10:02	12:01	12:54
	Widnau		0:45	0:22	0:41	0:27	1:36	1:00	0:49	0:33	1:09	0:47	0:50	1:03	1:59	0:53
			14:42	16:15	18:00	20:07	20:44	24:38	25:30	26:50	27:21	28:12	29:42	30:13	-----	32:24
			1:48	1:33	1:45	2:07	0:37	3:54	0:52	1:20	0:31	0:51	1:30	0:31		2:11
			32:48	33:14												
			0:24	0:26												
	Nadja Thurnherr	**Fehlst**	-----	2:06	2:54	3:21	4:06	5:19	6:17	7:03	8:24	9:23	10:19	11:49	13:57	15:06
	Widnau			2:06	0:48	0:27	0:45	1:13	0:58	0:46	1:21	0:59	0:56	1:30	2:08	1:09
			16:06	18:06	20:00	23:17	23:45	29:16	30:07	31:49	37:42	38:49	40:05	40:50	41:26	43:02
			1:00	2:00	1:54	3:17	0:28	5:31	0:51	1:42	5:53	1:07	1:16	0:45	0:36	1:36
			43:25	43:48		*1:38*										
			0:23	0:23		**61*										
	Jennifer Spirig	**Fehlst**	0:59	3:10	5:42	6:19	6:50	8:40	9:46	15:45	18:07	19:27	20:50	22:19	28:21	29:59
	Widnau		0:59	2:11	2:32	0:37	0:31	1:50	1:06	5:59	2:22	1:20	1:23	1:29	6:02	1:38
			31:37	34:30	39:24	43:30	-----	50:46	54:11	56:45	57:24	58:40	1:00:15	1:00:59	1:02:27	1:03:52
			1:38	2:53	4:54	4:06		7:16	3:25	2:34	0:39	1:16	1:35	0:44	1:28	1:25
			1:04:18	1:04:53												
			0:26	0:35												
	Fiona Rüttimann	**Fehlst**	1:13	1:34	2:09	2:36	3:18	4:36	5:13	10:41	12:14	12:58	13:42	14:31	16:09	16:53
	Widnau		1:13	0:21	0:35	0:27	0:42	1:18	0:37	5:28	1:33	0:44	0:44	0:49	***1:38***	0:44
			17:38	19:05	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			0:45	1:27												
			-----	25:47		*11:00*										
				6:42		**70*										
	Anna Brändle	**Fehlst**	0:40	1:09	3:04	3:54	4:27	7:06	7:50	8:39	10:40	11:35	13:07	15:10	18:24	20:14
	Widnau		0:40	0:29	1:55	0:50	0:33	2:39	0:44	0:49	2:01	0:55	1:32	2:03	3:14	1:50
			22:10	-----	27:13	32:01	34:20	38:15	39:48	42:25	43:15	45:58	52:35	53:20	54:10	55:57
			1:56		5:03	4:48	2:19	3:55	1:33	2:37	0:50	2:43	6:37	0:45	0:50	1:47
			56:29	56:51												
			0:32	0:22												

Pl	Schule	Zeit														
Plausch lang (57)		***3.4 km 0 Hm 29 P***					*(Forts.)*									
			1(81)	2(82)	3(105)	4(104)	5(103)	6(85)	7(70)	8(69)	9(86)	10(120)	11(101)	12(121)	13(111)	14(124)
			15(112)	16(122)	17(123)	18(125)	19(113)	20(114)	21(74)	22(75)	23(83)	24(78)	25(119)	26(108)	27(109)	28(80)
			29(90)	Z												
Rahel Masiero		**Fehlst**	-----	1:13	2:01	2:30	3:13	4:26	5:26	6:10	7:31	8:30	9:26	10:56	13:05	14:13
Widnau				1:13	0:48	0:29	0:43	1:13	1:00	0:44	1:21	0:59	0:56	1:30	2:09	1:08
			15:13	17:12	19:07	22:24	22:52	28:23	29:13	30:56	36:48	37:56	39:12	39:59	40:35	42:04
			1:00	1:59	1:55	3:17	0:28	5:31	0:50	1:43	5:52	1:08	1:16	0:47	0:36	1:29
			42:28	42:57		*0:44*	*24:00*									
			0:24	0:29		**61*	**73*									
Julia Riederer		**Fehlst**	0:47	1:43	3:30	4:15	4:50	8:18	9:43	10:07	11:25	12:10	-----	14:59	46:51	48:10
Widnau			0:47	0:56	1:47	0:45	0:35	3:28	1:25	***0:24***	1:18	0:45		2:49	31:52	1:19
			51:55	54:30	56:29	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			3:45	2:35	1:59											
			1:02:25	1:03:57												
			5:56	1:32												
Vanessa Dos Santos		**Fehlst**	-----	1:44	3:20	4:12	5:23	8:19	9:59	11:08	13:48	15:52	18:05	20:09	34:17	-----
Widnau				1:44	1:36	0:52	1:11	2:56	1:40	1:09	2:40	2:04	2:13	2:04	14:08	
			40:29	43:04	47:57	52:27	55:49	1:00:31	1:01:25	1:03:11	-----	1:05:39	-----	1:06:54	1:09:03	1:10:36
			6:12	2:35	4:53	4:30	3:22	4:42	0:54	1:46		2:28		1:15	2:09	1:33
			1:11:07	1:11:59		*26:51*										
			0:31	0:52		**124*										
Imelly Scherrer		**Fehlst**	0:44	1:40	3:37	4:47	6:15	11:17	12:59	14:35	17:46	20:00	22:13	24:40	28:51	31:06
Widnau			0:44	0:56	1:57	1:10	1:28	5:02	1:42	1:36	3:11	2:14	2:13	2:27	4:11	2:15
			-----	45:09	-----	54:53	57:52	1:03:44	1:07:53	1:11:43	-----	1:15:23	1:18:00	1:19:36	1:21:12	1:25:11
				14:03		9:44	2:59	5:52	4:09	3:50		3:40	2:37	1:36	1:36	3:59
			-----	1:27:59		*1:25:30*										
				2:48		**87*										
Chiara Galvani		**Fehlst**	**0:19**	0:43	4:27	5:33	6:10	7:43	8:27	8:52	10:07	11:20	12:27	13:43	17:12	18:12
Widnau			***0:19***	0:24	3:44	1:06	0:37	1:33	0:44	0:25	1:15	1:13	1:07	1:16	3:29	1:00
			19:37	22:05	25:10	28:37	29:23	33:02	34:36	-----	38:13	41:13	43:38	44:33	45:21	46:42
			1:25	2:28	3:05	3:27	0:46	3:39	1:34		3:37	3:00	2:25	0:55	0:48	1:21
			47:35	49:02		*36:14*										
			0:53	1:27		**76*										
Lorena Köppel		**Fehlst**	0:21	**0:38**	32:55	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
Widnau			0:21	***0:17***	32:17											
			-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			35:33	35:59		*2:25*	*3:01*	*3:22*	*13:16*	*15:15*	*16:04*	*17:09*	*20:01*	*20:41*	*21:26*	*25:38*
			2:38	0:26		**83*	**75*	**76*	**108*	**109*	**79*	**80*	**71*	**84*	**85*	**86*
			27:59	*29:04*	*30:32*	*31:14*	*33:42*	*34:19*								
			**101*	**102*	**103*	**104*	**106*	**107*								
Michello Helmel		**Fehlst**	-----	1:13	2:41	3:48	4:38	7:39	9:14	10:24	13:04	14:59	17:25	19:29	33:34	-----
Widnau				1:13	1:28	1:07	0:50	3:01	1:35	1:10	2:40	1:55	2:26	2:04	14:05	
			39:40	42:25	47:14	51:40	55:07	59:44	1:00:45	1:02:30	-----	1:04:59	-----	1:06:14	1:08:22	1:09:56
			6:06	2:45	4:49	4:26	3:27	4:37	1:01	1:45		2:29		1:15	2:08	1:34
			1:10:27	1:11:17		*26:08*										
			0:31	0:50		**124*										
Eric Tamar		**Fehlst**	0:56	1:46	3:34	4:17	5:17	10:19	12:01	13:38	16:49	19:03	21:15	23:47	27:55	30:08
Widnau			0:56	0:50	1:48	0:43	1:00	5:02	1:42	1:37	3:11	2:14	2:12	2:32	4:08	2:13
			-----	44:07	48:32	53:50	56:50	1:02:46	1:06:49	1:10:43	-----	-----	1:17:07	1:18:39	1:20:27	1:24:04
				13:59	4:25	5:18	3:00	5:56	4:03	3:54			6:24	1:32	1:48	3:37
			1:24:35	1:26:52												
			0:31	2:17												
Dominik Bischofberger		**Fehlst**	0:27	0:55	5:37	6:35	7:26	9:19	10:48	12:07	14:05	15:15	16:21	17:44	20:25	21:21
Widnau			0:27	0:28	4:42	0:58	0:51	1:53	1:29	1:19	1:58	1:10	1:06	1:23	2:41	0:56
			23:12	-----	30:37	36:46	42:18	46:13	47:42	-----	50:50	55:01	56:09	56:35	57:30	59:09
			1:51		7:25	6:09	5:32	3:55	1:29		3:08	4:11	1:08	0:26	0:55	1:39
			59:45	1:00:08												
			0:36	0:23												
Ramon Büchel		**Fehlst**	0:47	1:07	5:58	6:58	7:43	9:36	11:04	12:24	14:25	15:28	16:37	18:01	20:45	21:37
Widnau			0:47	0:20	4:51	1:00	0:45	1:53	1:28	1:20	2:01	1:03	1:09	1:24	2:44	0:52
			23:31	-----	30:57	37:05	42:41	46:29	48:03	-----	51:11	55:20	56:26	56:55	57:41	59:25
			1:54		7:26	6:08	5:36	3:48	1:34		3:08	4:09	1:06	0:29	0:46	1:44
			1:00:01	1:00:31												
			0:36	0:30												
Stefan Mozgovoy		**Fehlst**	1:34	1:59	6:47	7:47	8:37	10:24	11:53	13:13	15:20	16:22	17:21	18:44	21:31	22:25
Widnau			1:34	0:25	4:48	1:00	0:50	1:47	1:29	1:20	2:07	1:02	0:59	1:23	2:47	0:54
			24:20	29:06	31:50	37:52	43:33	47:26	49:01	-----	52:07	56:12	57:16	57:47	58:43	1:00:22
			1:55	4:46	2:44	6:02	5:41	3:53	1:35		3:06	4:05	1:04	0:31	0:56	1:39
			1:00:56	1:01:35		*1:00:37*										
			0:34	0:39		**87*										
Philipp Halter		**Fehlst**	0:25	0:44	1:23	2:56	3:23	5:15	5:44	6:35	7:31	8:17	9:06	10:05	12:06	12:55
Widnau			0:25	0:19	0:39	1:33	0:27	1:52	***0:29***	0:51	0:56	0:46	0:49	0:59	2:01	0:49
			13:50	-----	17:55	20:22	20:59	27:58	29:31	31:38	35:53	36:42	45:21	46:25	47:34	50:51
			0:55		4:05	2:27	0:37	6:59	1:33	2:07	4:15	0:49	8:39	1:04	1:09	3:17
			53:10	53:31												
			2:19	0:21												
Karin Hutter		**Fehlst**	0:48	1:13	1:56	3:11	3:41	4:51	5:38	6:21	7:37	8:29	9:22	10:24	13:25	14:26
Altstätten			0:48	0:25	0:43	1:15	0:30	1:10	0:47	0:43	1:16	0:52	0:53	1:02	3:01	1:01
			15:20	16:45	18:17	20:57	-----	23:31	24:50	26:23	26:59	27:49	29:10	29:38	30:18	31:35
			0:54	1:25	1:32	2:40		2:34	1:19	1:33	0:36	0:50	1:21	0:28	0:40	1:17
			32:14	32:35												
			0:39	0:21												

Pl	Schule	Zeit														
Plausch lang (57)		***3.4 km 0 Hm 29 P***					*(Forts.)*									
			1(81)	2(82)	3(105)	4(104)	5(103)	6(85)	7(70)	8(69)	9(86)	10(120)	11(101)	12(121)	13(111)	14(124)
			15(112)	16(122)	17(123)	18(125)	19(113)	20(114)	21(74)	22(75)	23(83)	24(78)	25(119)	26(108)	27(109)	28(80)
			29(90)	Z												
	Adshayen Chandrabalan	**Fehlst**	3:24	5:18	6:09	6:55	7:34	9:14	10:29	14:04	15:54	17:05	19:18	26:46	38:24	39:24
	Widnau		3:24	1:54	0:51	0:46	0:39	1:40	1:15	3:35	1:50	1:11	2:13	7:28	11:38	1:00
			40:46	44:37	47:09	55:19	1:00:36	1:09:15	-----	-----	-----	-----	-----	-----	-----	1:20:21
			1:22	3:51	2:32	8:10	5:17	8:39								11:06
			-----	1:21:46		*1:24*	*3:33*	*1:14:53*	*1:16:19*	*1:17:08*	*1:17:53*	*1:19:41*	*1:19:56*	*0.00*	*0.00*	*0.00*
				1:25		**61*	**61*	**106*	**72*	**84*	**71*	**87*	**90*	**88*	**89*	**88*
OL Sprint (9)		**2.7 km 0 Hm 20 P**														
			1(61)	2(62)	3(63)	4(64)	5(65)	6(67)	7(68)	8(69)	9(70)	10(71)	11(72)	12(73)	13(74)	14(75)
			15(76)	16(77)	17(78)	18(79)	19(80)	20(90)	Z							
1	**Mirjam Hellmüller**	**14:51**	0:21	0:32	0:51	1:45	4:33	5:18	6:19	7:23	7:43	8:45	9:13	10:11	11:18	12:09
	Speicher		0:21	0:11	0:19	0:54	2:48	0:45	1:01	1:04	0:20	1:02	0:28	0:58	1:07	0:51
			12:24	13:08	13:30	13:54	14:21	**14:34**	**14:51**							
			0:15	0:44	0:22	0:24	0:27	0:13	0:17							
2	**Matthias Sandmeier**	**16:14**	0:22	0:37	0:58	1:56	4:58	5:46	6:55	8:04	8:52	10:09	10:33	11:34	12:41	13:33
	Herisau		0:22	0:15	0:21	0:58	3:02	0:48	1:09	1:09	0:48	1:17	***0:24***	1:01	1:07	0:52
			13:49	14:37	14:58	15:21	15:46	15:58	16:14							
			0:16	0:48	0:21	0:23	0:25	***0:12***	***0:16***							
3	**Raphael Wälter**	**16:28**	0:20	0:32	0:59	1:49	4:34	5:20	6:28	7:35	7:58	9:06	9:33	10:36	12:00	12:57
	Altstätten		0:20	0:12	0:27	***0:50***	2:45	0:46	1:08	1:07	0:23	1:08	0:27	1:03	1:24	0:57
			13:17	14:30	14:55	15:21	15:47	16:10	16:28							
			0:20	1:13	0:25	0:26	0:26	0:23	0:18							
4	**Isabelle Hellmüller**	**17:28**	0:28	0:40	1:02	2:01	5:06	5:57	7:08	8:17	8:45	9:57	10:27	12:01	13:18	14:17
	Speicher		0:28	0:12	0:22	0:59	3:05	0:51	1:11	1:09	0:28	1:12	0:30	1:34	1:17	0:59
			14:35	15:27	15:52	16:19	16:50	17:05	17:28							
			0:18	0:52	0:25	0:27	0:31	0:15	0:23							
5	**Dieter Sandmeier**	**17:59**	0:27	0:41	1:04	1:59	4:44	5:29	6:34	7:46	8:12	9:57	10:30	11:31	13:22	14:15
	Herisau		0:27	0:14	0:23	0:55	2:45	0:45	1:05	1:12	0:26	1:45	0:33	1:01	1:51	0:53
			14:34	15:47	16:12	16:38	17:08	17:38	17:59							
			0:19	1:13	0:25	0:26	0:30	0:30	0:21							
6	**Joela Vogel**	**19:24**	0:25	0:40	1:06	2:14	5:42	6:43	8:09	9:33	10:05	11:29	11:56	13:17	14:49	15:54
	Widnau		0:25	0:15	0:26	1:08	3:28	1:01	1:26	1:24	0:32	1:24	0:27	1:21	1:32	1:05
			16:14	17:14	17:39	18:11	18:49	19:07	19:24							
			0:20	1:00	0:25	0:32	0:38	0:18	0:17							
7	**Silja Vogel**	**25:40**	0:32	0:47	1:19	2:32	7:04	8:36	10:25	12:15	13:14	14:45	15:32	17:03	19:40	21:11
	Widnau		0:32	0:15	0:32	1:13	4:32	1:32	1:49	1:50	0:59	1:31	0:47	1:31	2:37	1:31
			21:32	23:07	23:43	24:17	25:03	25:24	25:40							
			0:21	1:35	0:36	0:34	0:46	0:21	***0:16***							
	Franziska Dörig	**Fehlst**	0:21	0:32	0:56	1:49	4:49	5:36	6:42	7:53	8:13	9:21	9:46	10:43	12:25	14:39
	Brülisau		0:21	0:11	0:24	0:53	3:00	0:47	1:06	1:11	0:20	1:08	0:25	0:57	1:42	2:14
			14:56	15:45	16:08	16:35	17:03	-----	17:32		*13:28*	*17:19*				
			0:17	0:49	0:23	0:27	0:28		0:29		**76*	**89*				
	Sven Hellmüller	**Fehlst**	**0:18**	**0:28**	**0:46**	**1:38**	**4:07**	**4:47**	**5:42**	**6:36**	**6:55**	**7:52**	**8:17**	**9:10**	**10:09**	**10:55**
	Speicher		***0:18***	***0:10***	***0:18***	0:52	***2:29***	***0:40***	***0:55***	***0:54***	***0:19***	***0:57***	0:25	***0:53***	***0:59***	***0:46***
			11:09	**11:49**	**12:09**	**12:30**	**12:53**	-----	13:18		*13:07*					
			0:14	***0:40***	***0:20***	***0:21***	***0:23***		0:25		**89*					
OL Mittel (6)		**4.4 km 0 Hm 27 P**														
			1(61)	2(62)	3(63)	4(64)	5(103)	6(84)	7(65)	8(67)	9(68)	10(102)	11(110)	12(111)	13(112)	14(113)
			15(114)	16(74)	17(75)	18(115)	19(116)	20(117)	21(118)	22(119)	23(77)	24(83)	25(104)	26(71)	27(88)	Z
1	**Philipp Haider**	**26:55**	0:25	0:38	1:14	2:07	2:34	**3:15**	**5:04**	**5:48**	**6:51**	**8:25**	**10:25**	**11:24**	**12:37**	**14:29**
	Rankweil		0:25	0:13	0:36	***0:53***	***0:27***	***0:41***	***1:49***	***0:44***	***1:03***	***1:34***	***2:00***	***0:59***	***1:13***	***1:52***
			15:47	**16:20**	**17:13**	**18:27**	**19:04**	**20:23**	**21:07**	**22:33**	**23:12**	**23:57**	**24:59**	**25:56**	**26:45**	**26:55**
			1:18	***0:33***	***0:53***	***1:14***	***0:37***	1:19	***0:44***	***1:26***	0:39	***0:45***	***1:02***	***0:57***	0:49	0:10
2	**Daniel Jud**	**30:20**	0:28	0:46	1:08	2:08	2:39	3:31	5:38	6:26	7:35	9:21	12:04	13:16	14:36	16:47
	Romanshorn		0:28	0:18	0:22	1:00	0:31	0:52	2:07	0:48	1:09	1:46	2:43	1:12	1:20	2:11
			18:16	18:53	19:51	21:27	22:06	23:20	24:19	25:57	26:14	27:06	28:09	29:17	30:09	30:20
			1:29	0:37	0:58	1:36	0:39	***1:14***	0:59	1:38	0:17	0:52	1:03	1:08	0:52	0:11
				0:35												
				**81*												
3	**Nils Schönenberger**	**30:25**	**0:23**	**0:32**	**1:02**	**2:03**	2:33	3:22	5:39	6:32	7:46	9:37	12:02	13:08	14:28	16:39
	Engelburg		***0:23***	***0:09***	0:30	1:01	0:30	0:49	2:17	0:53	1:14	1:51	2:25	1:06	1:20	2:11
			18:04	18:41	19:42	21:13	21:55	23:24	24:12	25:46	26:02	26:53	28:19	29:28	30:16	30:25
			1:25	0:37	1:01	1:31	0:42	1:29	0:48	1:34	***0:16***	0:51	1:26	1:09	***0:48***	***0:09***
4	**Marc Ebneter**	**30:29**	0:32	0:47	1:08	**2:03**	**2:32**	3:17	5:21	6:11	7:26	9:09	11:19	12:28	13:47	15:46
	Bern		0:32	0:15	***0:21***	0:55	0:29	0:45	2:04	0:50	1:15	1:43	2:10	1:09	1:19	1:59
			17:15	17:54	18:53	20:20	21:04	22:42	23:33	25:05	26:18	27:06	28:09	29:17	30:16	30:29
			1:29	0:39	0:59	1:27	0:44	1:38	0:51	1:32	1:13	0:48	1:03	1:08	0:59	0:13
5	**Urs Moosmann**	**34:46**	0:40	1:04	1:49	2:56	3:28	4:44	7:01	8:01	9:32	11:34	15:03	16:10	17:42	19:54
	Herisau		0:40	0:24	0:45	1:07	0:32	1:16	2:17	1:00	1:31	2:02	3:29	1:07	1:32	2:12
			21:24	22:07	23:06	24:39	25:24	26:58	27:47	29:38	29:58	30:47	32:16	33:34	34:31	34:46
			1:30	0:43	0:59	1:33	0:45	1:34	0:49	1:51	0:20	0:49	1:29	1:18	0:57	0:15
6	**Didier Grieb**	**36:26**	0:34	0:49	1:25	2:53	3:31	4:39	6:50	8:09	9:31	11:17	14:17	15:17	16:32	18:30
	Herisau		0:34	0:15	0:36	1:28	0:38	1:08	2:11	1:19	1:22	1:46	3:00	1:00	1:15	1:58
			20:02	21:26	22:21	23:50	24:34	26:40	27:30	30:17	30:36	31:44	33:02	35:14	36:13	36:26
			1:32	1:24	0:55	1:29	0:44	2:06	0:50	2:47	0:19	1:08	1:18	2:12	0:59	0:13