

Pl	Name	Zeit													
Familienfreundlich (12)		1.8 km	0 Hm	13 P											
		1(45) Z	2(41)	3(40)	4(50)	5(37)	6(38)	7(39)	8(49)	9(48)	10(53)	11(42)	12(43)	13(44)	
1	Hanspeter Bärtschi Engelburg	13:17 0:49 13:17 0:10	2:20 1:31	3:40 1:20	4:09 0:29	5:36 1:27	6:38 1:02	8:01 1:23	8:59 0:58	10:12 1:13	10:32 0:20	11:23 0:51	12:30 1:07	13:07 0:37	
2	Flurin Meuwly St.Georgen	13:47 0:52 13:47 0:13	2:11 1:19	3:36 1:25	4:18 0:42	5:56 1:38	7:05 1:09	8:23 1:18	9:14 0:51	10:24 1:10	11:08 0:44	11:55 0:47	12:51 0:56	13:34 0:43	
3	Fabrice Ammann St.Georgen	16:48 1:56 16:48 0:13	4:04 2:08	5:13 1:09	5:53 0:40	7:37 1:44	9:10 1:33	10:49 1:39	12:04 1:15	13:21 1:17	14:19 0:58	15:11 0:52	16:06 0:55	16:35 0:29	
4	Lea Schilter St.Georgen	19:18 0:58 19:18 0:14	2:42 1:44	4:31 1:49	5:17 0:46	7:30 2:13	9:38 2:08	11:32 1:54	12:42 1:10	14:23 1:41	15:12 0:49	16:16 1:04	18:10 1:54	19:04 0:54	
5	Paula Zimmermann St.Georgen	19:58 1:09 19:58 0:12	3:09 2:00	4:47 1:38	5:53 1:06	7:39 1:46	9:22 1:43	11:07 1:45	12:06 0:59	13:32 1:26	14:16 0:44	15:55 1:39	18:16 2:21	19:46 1:30	
6	Linn Tobler St.Georgen	21:33 1:27 21:33 0:33	3:37 2:10	6:18 2:41	7:02 0:44	8:45 1:43	11:16 2:31	13:57 2:41	15:19 1:22	16:57 1:38	17:33 0:36	18:46 1:13	20:02 1:16	21:00 0:58	
7	Lucien Baumgartner St.Gallen	24:47 1:04 24:47 0:25	2:59 1:55	5:02 2:03	5:49 0:47	8:48 2:59	10:41 1:53	13:17 2:36	15:01 1:44	17:20 2:19	17:59 0:39	19:45 1:46	22:38 2:53	24:22 1:44	
8	Matthias Jaenke St.Georgen	25:29 1:29 25:29 0:29	3:36 2:07	5:30 1:54	6:30 1:00	8:40 2:10	11:35 2:55	13:32 1:57	16:05 2:33	18:37 2:32	19:32 0:55	21:12 1:40	23:05 1:53	25:00 1:55	
9	Katja Trolp St.Gallen	37:10 2:06 37:10 0:38	5:17 3:11	7:54 2:37	10:00 2:06	13:48 3:48	16:46 2:58	21:25 4:39	24:07 2:42	27:36 3:29	28:54 1:18	30:23 1:29	34:57 4:34	36:32 1:35	
10	Vanessa Müller St.Gallen	40:41 2:24 40:41 0:54	5:56 3:32	9:58 4:02	11:30 1:32	15:22 3:52	19:47 4:25	25:15 5:28	27:36 2:21	31:09 3:33	32:03 0:54	34:28 2:25	37:37 3:09	39:47 2:10	
11	Stefan Knüsli St.Gallen	46:09 2:39 46:09 0:35	7:30 4:51	10:54 3:24	12:20 1:26	15:53 3:33	20:47 4:54	26:28 5:41	30:25 3:57	33:31 3:06	37:06 3:35	41:04 3:58	43:45 2:41	45:34 1:49	
12	Claudia Studerus Waldkirch	1:00:13 2:49 1:00:13 1:29	7:53 5:04	12:18 4:25	13:52 1:34	27:57 14:05	32:07 4:10	38:42 6:35	41:55 3:13	45:16 3:21	47:59 2:43	53:19 5:20	56:29 3:10	58:44 2:15	
Sportler (13)		3.1 km	0 Hm	16 P											
		1(57) 14(42)	2(51) 15(43)	3(55) 16(44)	4(33) Z	5(54)	6(56)	7(34)	8(60)	9(52)	10(38)	11(37)	12(40)	13(53)	
1	Erich Brauchli Engelburg	27:23 1:42 25:47 0:50	2:20 0:38	6:32 4:12	9:38 3:06	11:36 1:58	12:33 0:57	14:41 2:08	17:00 2:19	17:43 0:43	19:58 2:15	21:04 1:06	22:38 1:34	24:57 2:19	
2	Nicole Ricklin St.Gallen	32:33 1:42 31:18 0:51	2:22 0:40	6:33 4:11	9:32 2:59	11:45 2:13	12:57 1:12	21:47 8:50	23:16 1:29	24:11 0:55	26:17 2:06	27:14 0:57	28:31 1:17	30:27 1:56	
3	Johannes Rüegg St.Gallen	32:41 1:56 29:51 2:25	3:11 1:15	7:50 4:39	11:03 3:13	13:26 2:23	14:48 1:22	18:14 3:26	19:29 1:15	20:41 1:12	22:54 2:13	23:46 0:52	25:12 1:26	27:26 2:14	
4	Viktor Schilter St.Georgen	32:59 2:17 31:09 0:44	3:01 0:44	8:28 5:27	12:03 3:35	14:45 2:42	15:55 1:10	19:21 3:26	21:42 2:21	23:09 1:27	25:31 2:22	26:46 1:15	28:29 1:43	30:25 1:56	
5	Urs Graf Speicher	34:05 2:07 29:26 0:47	2:47 0:40	7:55 5:08	11:51 3:56	14:43 2:52	15:56 1:13	18:27 2:31	19:38 1:11	20:52 1:14	22:56 2:04	23:56 1:00	26:41 2:45	28:39 1:58	
6	Elena Kölbener St.Gallen	35:52 1:57 34:10 0:52	2:53 0:56	7:44 4:51	11:39 3:55	14:32 2:53	16:05 1:33	21:22 5:17	23:56 2:34	25:06 1:10	27:46 2:40	29:04 1:18	30:59 1:55	33:18 2:19	
7	Peter Knill St.Georgen	38:54 1:47 36:19 0:51	2:23 0:36	6:54 4:31	10:02 3:08	19:31 9:29	20:43 1:12	24:41 3:58	27:02 2:21	28:03 1:01	30:33 2:30	31:48 1:15	33:30 1:42	35:28 1:58	

Pl	Name	Zeit													
Sportler (13)			3.1 km 0 Hm 16 P				(Forts.)								
			1(57) 14(42)	2(51) 15(43)	3(55) 16(44)	4(33) Z	5(54)	6(56)	7(34)	8(60)	9(52)	10(38)	11(37)	12(40)	13(53)
8	Koni Vogel Widnau	39:02	1:58 1:58 37:40 0:45	2:47 0:49 38:21 0:41	6:59 4:12 38:52 0:31	12:50 5:51 39:02 0:10	15:24 2:34	16:14 0:50	27:50 11:36	28:52 1:02	29:58 1:06	32:21 2:23	33:28 1:07	34:54 1:26	36:55 2:01
9	Yanik Schwizer St.Gallen	40:28	2:15 2:15 38:50 0:48	2:59 0:44 39:42 0:52	7:58 4:59 40:18 0:36	14:43 6:45 40:28 0:10	17:31 2:48	18:31 1:00 20:15 *46	27:51 9:20 28:32 *58	29:23 1:32	30:22 0:59	32:36 2:14	33:54 1:18	35:59 2:05	38:02 2:03
10	Niklas Schmidt St.Georgen	41:08	2:15 2:15 39:33 0:58	2:58 0:43 40:23 0:50	8:24 5:26 40:58 0:35	14:38 6:14 41:08 0:10	17:45 3:07	19:14 1:29	25:33 6:19	29:08 3:35	30:39 1:31	33:03 2:24	34:20 1:17	36:14 1:54	38:35 2:21
11	Karin Zbinden Engelburg	44:13	3:18 3:18 41:47 0:50	4:24 1:06 42:46 0:59	9:46 5:22 43:54 1:08	15:55 6:09 44:13 0:19	19:28 3:33	21:37 2:09	27:16 5:39	31:13 3:57	32:45 1:32	35:55 3:10	37:03 1:08	0.00	40:57 3:54
12	Ariane Monstein St.Georgen	44:18	3:30 3:30 41:56 0:53	4:33 1:03 42:52 0:56	9:58 5:25 44:04 1:12	15:59 6:01 44:18 0:14	19:38 3:39	21:47 2:09	27:17 5:30	31:22 4:05	32:51 1:29	36:03 3:12	37:15 1:12	0.00	41:03 3:48
	Yannick Giger St.Georgen	Fehlst	1:47 1:47 -----	2:31 0:44 28:54	7:16 4:45 29:31	10:51 3:35 29:41	13:14 2:23	14:19 1:05	16:57 2:38	19:09 2:12	20:09 1:00	22:24 2:15	23:27 1:03	25:13 1:46	27:12 1:59
				1:42	0:37	0:10									
Die Waldige (10)			2.9 km 0 Hm 16 P												
			1(31) 14(53)	2(35) 15(43)	3(55) 16(44)	4(47) Z	5(33)	6(54)	7(56)	8(46)	9(58)	10(60)	11(52)	12(37)	13(40)
1	Paul Ricklin St.Gallen	23:54	1:00 1:00 22:13 2:38	3:12 2:12 23:20 1:07	4:43 1:31 23:46 0:26	6:52 2:09 23:54 0:08	8:07 1:15	10:50 2:43	11:47 0:57	12:33 0:46	14:41 2:08	15:48 1:07	16:35 0:47	18:16 1:41	19:35 1:19
2	Urs Eisenbart St.Georgen	24:02	0:51 0:51 21:46 1:43	3:10 2:19 23:17 1:31	4:45 1:35 23:51 0:34	6:56 2:11 24:02 0:11	8:04 1:08	10:31 2:27	11:32 1:01	12:25 0:53	14:04 1:39	14:44 0:40	16:34 1:50	18:36 2:02	20:03 1:27
3	Markus Deininger St.Georgen	26:09	0:55 0:55 23:41 2:04	3:42 2:47 25:14 1:33	5:29 1:47 25:58 0:44	8:03 2:34 26:09 0:11	8:57 0:54	11:21 2:24	12:30 1:09	13:10 0:40	15:13 2:03	15:56 0:43	17:36 1:40	19:59 2:23	21:37 1:38
4	Doris Brand Untereggen	27:19	1:15 1:15 24:49 2:03	4:19 3:04 26:22 1:33	6:20 2:01 27:05 0:43	9:09 2:49 27:19 0:14	10:12 1:03	13:02 2:50	14:04 1:02	14:58 0:54	17:09 2:11	17:49 0:40	18:51 1:02	21:08 2:17	22:46 1:38
5	Timur Deininger St.Georgen	27:35	0:57 0:57 25:38 2:21	3:21 2:24 26:55 1:17	5:02 1:41 27:26 0:31	7:26 2:24 27:35 0:09	8:22 0:56	12:20 3:58	13:19 0:59	14:24 1:05	17:02 2:38	17:58 0:56	19:05 1:07	21:18 2:13	23:17 1:59
6	Jonas Eigenmann St.Gallen	31:43	1:11 1:11 29:14 2:13	5:40 4:29 30:55 1:41	7:10 1:30 31:34 0:39	9:37 2:27 31:43 0:09	12:53 3:16	16:21 3:28	17:21 1:00	18:13 0:52	20:34 2:21	21:39 1:05	22:58 1:19	25:19 2:21	27:01 1:42
7	Basil Knill St.Georgen	40:45	1:02 1:02 37:53 4:25	4:09 3:07 39:39 1:46	6:22 2:13 40:35 0:56	10:02 3:40 40:45 0:10	12:31 2:29	17:26 4:55	18:57 1:31	19:53 0:56	22:37 2:44	24:09 1:32	25:28 1:19	30:54 5:26	33:28 2:34
8	Brigitte Eigenmann St.Gallen	50:11	1:40 1:40 45:35 4:09	6:17 4:37 48:38 3:03	8:51 2:34 49:47 1:09	12:30 3:39 50:11 0:24	14:30 2:00	19:19 4:49	22:08 2:49	23:42 1:34	29:15 5:33	30:45 1:30	32:37 1:52	37:41 5:04	41:26 3:45
9	Selina Lehmann Waldkirch	54:17	1:41 1:41 48:16 5:08	6:28 4:47 52:08 3:52	10:32 4:04 53:41 1:33	13:57 3:25 54:17 0:36	16:14 2:17	24:59 8:45	26:33 1:34	27:53 1:20	31:06 3:13	32:37 1:31	35:07 2:30	40:15 5:08	43:08 2:53
10	Cyrill Schäpper Wittenbach	59:13	1:09 1:09 54:26 6:29	3:54 2:45 58:20 3:54	6:03 2:09 59:05 0:45	10:43 4:40 59:13 0:08	11:54 1:11	36:23 24:29	37:40 1:17	38:38 0:58	41:45 3:07	42:55 1:10	44:00 1:05	46:24 2:24	47:57 1:33
Die Genussreiche (18)			2.7 km 0 Hm 17 P												
			1(31) 14(53)	2(32) 15(42)	3(35) 16(43)	4(55) 17(44)	5(47) Z	6(33)	7(59)	8(58)	9(60)	10(52)	11(38)	12(39)	13(40)
1	Joschua Schilter St.Georgen	26:41	1:14 1:14 24:16 1:58	3:19 2:05 25:02 0:46	4:28 1:09 25:46 0:44	6:59 2:31 26:26 0:40	10:50 3:51 26:41 0:15	12:12 1:22	13:09 0:57	14:58 1:49	15:53 0:55	16:50 0:57	19:20 2:30	20:51 1:31	22:18 1:27
2	Ladina Rhyn Waldkirch	31:07	1:20 1:20 27:34 2:46	3:29 2:09 28:36 1:02	4:41 1:12 30:07 1:31	8:58 4:17 30:52 0:45	11:20 2:22	12:39 1:19	13:34 0:55	15:51 2:17	17:13 1:22	18:52 1:39	21:50 2:58	23:05 1:15	24:48 1:43

PI	Name	Zeit													
<i>Die Genussreiche (18)</i>			<i>2.7 km 0 Hm 17 P</i>			<i>(Forts.)</i>									
			1(31) 14(53)	2(32) 15(42)	3(35) 16(43)	4(55) 17(44)	5(47) Z	6(33)	7(59)	8(58)	9(60)	10(52)	11(38)	12(39)	13(40)
3	Ivo Benz Untereggen	32:35	1:11 1:11	3:11 2:00	4:13 1:02	6:36 2:23	10:50 4:14	12:24 1:34	13:29 1:05	15:45 2:16	17:07 1:22	18:19 1:12	22:14 3:55	24:27 2:13	26:23 1:56
			29:16 2:53	30:23 1:07	31:35 1:12	32:22 0:47	32:35 0:13								
4	Helene Neff Egnach	33:17	1:47 1:47	3:59 2:12	5:25 1:26	7:49 2:24	11:58 4:09	14:02 2:04	15:22 1:20	17:48 2:26	18:55 1:07	21:07 2:12	24:26 3:19	26:05 1:39	27:50 1:45
			30:24 2:34	31:22 0:58	32:16 0:54	33:03 0:47	33:17 0:14								
5	Michèle Sutter St.Gallen	35:19	1:28 1:28	4:14 2:46	6:24 2:10	9:21 2:57	13:05 3:44	14:13 1:08	15:24 1:11	20:49 5:25	21:38 0:49	23:07 1:29	25:59 2:52	27:42 1:43	29:17 1:35
			32:36 3:19	33:25 0:49	34:21 0:56	35:05 0:44	35:19 0:14								
6	Peter Knill St.Georgen	38:03	1:12 1:12	3:06 1:54	4:22 1:16	6:51 2:29	9:43 2:52	11:32 1:49	12:46 1:14	15:03 2:17	17:14 2:11	20:35 3:21	23:46 3:11	28:09 4:23	30:16 2:07
			33:55 3:39	35:10 1:15	36:44 1:34	37:45 1:01	38:03 0:18		25:21 *37						
7	Lara Schwizer St.Gallen	38:05	1:44 1:44	3:50 2:06	5:48 1:58	9:33 3:45	12:47 3:14	14:26 1:39	15:56 1:30	18:58 3:02	20:38 1:40	22:45 2:07	26:11 3:26	28:38 2:27	30:41 2:03
			35:16 4:35	36:26 1:10	37:18 0:52	37:54 0:36	38:05 0:11								
8	Oliver Fäs St.Gallen	38:27	1:33 1:33	3:47 2:14	5:18 1:31	7:27 2:09	11:30 4:03	13:22 1:52	14:41 1:19	17:28 2:47	18:46 1:18	20:48 2:02	24:54 4:06	26:59 2:05	29:35 2:36
			33:30 3:55	35:29 1:59	37:00 1:31	38:06 1:06	38:27 0:21		32:08 *48						
9	Anja Meinherz St.Gallen	38:50	1:41 1:41	4:19 2:38	6:00 1:41	8:54 2:54	13:24 4:30	15:41 2:17	17:14 1:33	19:34 2:20	20:44 1:10	23:46 3:02	28:26 4:40	30:12 1:46	32:12 2:00
			35:17 3:05	36:23 1:06	37:43 1:20	38:34 0:51	38:50 0:16								
9	Rolf Wüstenhagen St.Gallen	38:50	1:33 1:33	3:59 2:26	5:53 1:54	8:45 2:52	13:14 4:29	15:18 2:04	16:59 1:41	19:22 2:23	20:42 1:20	23:47 3:05	27:50 4:03	30:01 2:11	32:07 2:06
			35:14 3:07	36:16 1:02	37:39 1:23	38:31 0:52	38:50 0:19								
11	Frank Bodmer St.Gallen	38:52	1:45 1:45	4:27 2:42	6:14 1:47	9:16 3:02	14:05 4:49	15:51 1:46	17:33 1:42	20:08 2:35	21:47 1:39	24:07 2:20	28:22 4:15	30:14 1:52	32:36 2:22
			35:19 2:43	36:22 1:03	37:51 1:29	38:38 0:47	38:52 0:14								
12	Maja Looser Engelburg	40:26	2:07 2:07	4:48 2:41	6:28 1:40	9:09 2:41	12:54 3:45	14:35 1:41	16:01 1:26	18:45 2:44	20:02 1:17	21:55 1:53	26:49 4:54	28:44 1:55	31:05 2:21
			35:48 4:43	36:48 1:00	38:33 1:45	39:20 0:47	40:26 1:06								
13	Oliver Etter St.Gallen	42:33	2:22 2:22	5:16 2:54	7:24 2:08	10:13 2:49	14:55 4:42	17:08 2:13	18:35 1:27	20:47 2:12	21:46 0:59	23:11 1:25	29:19 6:08	31:36 2:17	34:07 2:31
			37:50 3:43	39:59 2:09	41:20 1:21	42:12 0:52	42:33 0:21								
14	Susanne Sandmeier Herisau	42:53	1:34 1:34	3:36 2:02	4:57 1:21	20:49 15:52	23:31 2:42	24:46 1:15	25:32 0:46	27:21 1:49	28:10 0:49	29:50 1:40	33:02 3:12	34:43 1:41	36:37 1:54
			39:27 2:50	40:40 1:13	41:44 1:04	42:44 1:00	42:53 0:09								
15	Heinz Deininger St.Georgen	43:18	1:58 1:58	4:33 2:35	6:57 2:24	10:33 3:36	14:29 3:56	16:38 2:09	18:43 2:05	22:22 3:39	24:13 1:51	27:30 3:17	31:43 4:13	33:35 1:52	35:48 2:13
			39:20 3:32	40:39 1:19	41:55 1:16	43:02 1:07	43:18 0:16								
16	Yasmin Müller St.Gallen	47:55	2:10 2:10	4:39 2:29	6:26 1:47	9:39 3:13	14:11 4:32	16:41 2:30	18:17 1:36	21:56 3:39	25:56 4:00	28:52 2:56	32:56 4:04	35:01 2:05	37:33 2:32
			42:02 4:29	43:47 1:45	46:05 2:18	47:35 1:30	47:55 0:20		41:07 *48						
17	Elias Diem Bühler	59:18	2:12 2:12	5:33 3:21	7:48 2:15	15:42 7:54	21:17 5:35	26:58 5:41	28:08 1:10	31:09 3:01	32:38 1:29	35:03 2:25	40:11 5:08	43:32 3:21	45:38 2:06
			54:28 8:50	56:12 1:44	58:08 1:56	59:09 1:01	59:18 0:09		52:58 *48						
18	Laurin Eugster Widnau	1:13:43	3:03 3:03	7:10 4:07	10:19 3:09	15:06 4:47	21:19 6:13	27:22 6:03	30:33 3:11	36:12 5:39	38:26 2:14	40:46 2:20	48:10 7:24	52:46 4:36	58:49 6:03
			1:05:09 6:20	1:07:39 2:30	1:10:37 2:58	1:12:59 2:22	1:13:43 0:44								

<i>Schüler (7)</i>			<i>2.0 km 0 Hm 12 P</i>												
			1(31)	2(32)	3(35)	4(36)	5(37)	6(38)	7(39)	8(40)	9(41)	10(42)	11(43)	12(44)	Z
1	Nadia Ricklin St.Gallen	14:47	0:59 0:59	2:30 1:31	3:30 1:00	5:30 2:00	8:12 2:42	9:12 1:00	10:18 1:06	11:27 1:09	12:26 0:59	13:11 0:45	14:01 0:50	14:37 0:36	14:47 0:10
2	Andrin Benz Untereggen	16:48	1:07 1:07	2:54 1:47	3:57 1:03	6:00 2:03	8:39 2:39	9:36 0:57	11:13 1:37	12:32 1:19	13:46 1:14	14:33 0:47	15:56 1:23	16:38 0:42	16:48 0:10
3	Lea Schilter St.Georgen	19:21	1:11 1:11	3:25 2:14	5:03 1:38	8:05 3:02	10:49 2:44	11:55 1:06	13:21 1:26	14:54 1:33	16:26 1:32	17:22 0:56	18:11 0:49	19:11 1:00	19:21 0:10
4	Nina Schilter St.Georgen	19:39	1:27 1:27	3:51 2:24	5:19 1:28	7:16 1:57	10:26 3:10	11:45 1:19	13:41 1:56	15:21 1:40	16:39 1:18	17:35 0:56	18:43 1:08	19:30 0:47	19:39 0:09
5	Lara Schwizer St.Gallen	20:02	1:50 1:50	4:18 2:28	5:58 1:40	8:28 2:30	11:19 2:51	12:38 1:19	14:02 1:24	15:51 1:49	17:36 1:45	18:29 0:53	19:22 0:53	19:54 0:32	20:02 0:08
6	Basil Mayer St.Georgen	22:52	1:08 1:08	3:30 2:22	4:51 1:21	7:58 3:07	11:54 3:56	13:08 1:14	14:29 1:21	16:17 1:48	17:39 1:22	19:10 1:31	21:58 2:48	22:43 0:45	22:52 0:09
7	Maxim Frischknecht St.Georgen	56:21	1:41 1:41	3:56 2:15	5:45 1:49	32:46 27:01	35:28 2:42	37:06 1:38	39:08 2:02	45:50 6:42	47:28 1:38	52:04 4:36	55:36 3:32	56:09 0:33	56:21 0:12

Pl	Name	Zeit													
Postennetz (7)			0.0 km 30 P												
			1(31) 14(44) 27(57)	2(32) 15(45) 28(58)	3(33) 16(46) 29(59)	4(34) 17(47) 30(60)	5(35) 18(48) Z	6(36) 19(49)	7(37) 20(50)	8(38) 21(51)	9(39) 22(52)	10(40) 23(53)	11(41) 24(54)	12(42) 25(55)	13(43) 26(56)
1	Stefan Brauchli Engelburg	31:50	4:24 4:24 31:42 0:32 -----	7:18 2:54 ----- ----- -----	11:49 4:31 ----- ----- -----	16:40 4:51 ----- ----- -----	----- ----- ----- 31:50 0:08	20:55 4:15 ----- ----- -----	22:08 1:13 ----- ----- 5:13 *57	22:58 0:50 ----- ----- 5:43 *51	23:59 1:01 ----- ----- 8:09 *35	25:13 1:14 ----- ----- 9:26 *55	28:37 3:24 ----- ----- 11:10 *47	29:08 0:31 ----- ----- 12:15 *59	31:10 2:02 ----- ----- 14:41 *54
2	Christian Bieri Rheineck	31:59	15:23 *56 3:57 3:57 31:50 0:30 -----	15:59 *46 6:48 2:51 ----- ----- -----	17:06 *58 11:31 4:43 ----- ----- -----	17:29 *60 17:38 6:07 ----- ----- -----	18:04 *52 ----- ----- 31:59 0:09	24:48 *50 22:25 4:47 ----- ----- -----	26:41 *49 23:57 1:32 ----- ----- 0:36 *45	27:30 *48 24:42 0:45 ----- ----- 4:43 *57	27:44 *53 25:40 0:58 ----- ----- 5:12 *51	30:17 *45 27:56 2:16 ----- ----- 7:37 *35	28:45 0:49 ----- ----- 8:53 *55	30:45 2:00 ----- ----- 10:46 *47	31:20 0:35 ----- ----- 12:02 *59
3	Jonas Wälter Altstätten	37:14	14:59 *54 5:30 5:30 37:06 0:36 -----	15:49 *56 8:43 3:13 ----- ----- -----	16:25 *46 14:02 5:19 ----- ----- -----	18:10 *58 21:12 7:10 ----- ----- -----	18:38 *60 ----- ----- 37:14 0:08	19:24 *52 27:00 5:48 ----- ----- -----	26:18 *49 28:11 1:11 ----- ----- 1:56 *45	27:32 *50 29:06 0:55 ----- ----- 6:19 *57	29:37 *48 30:15 1:09 ----- ----- 6:51 *51	30:10 *53 32:59 2:44 ----- ----- 9:36 *35	33:53 0:54 ----- ----- 11:05 *55	35:48 1:55 ----- ----- 13:19 *47	36:30 0:42 ----- ----- 14:36 *59
4	Dieter Sandmeier Herisau	38:34	18:43 *54 27:48 27:48 ----- ----- -----	19:20 *56 29:14 1:26 37:44 0:55 -----	20:00 *46 ----- ----- ----- ----- -----	21:45 *58 ----- ----- ----- ----- -----	22:19 *60 30:07 0:53 ----- ----- 38:34 0:50	23:17 *52 33:00 2:53 ----- ----- ----- 0:50	30:58 *49 34:24 1:24 ----- ----- ----- 1:27	32:31 *50 ----- ----- ----- *44	34:41 *48 ----- ----- ----- *43	35:08 *53 35:50 1:26 ----- ----- ----- *42	36:49 0:59 ----- ----- ----- *53	----- ----- ----- ----- ----- *48	----- ----- ----- ----- ----- *51
5	Matthias Sandmeier Herisau	39:22	6:46 *38 31:22 *55 5:29 5:29 39:13 0:41 -----	9:24 *52 35:26 *50 9:15 3:46 ----- ----- -----	10:19 *60 ----- ----- 15:38 6:23 ----- ----- -----	11:01 *58 ----- ----- 21:42 6:04 ----- ----- -----	11:39 *34 ----- ----- 39:22 0:09	12:39 *46 27:32 5:50 ----- ----- ----- -----	13:36 *56 29:07 1:35 ----- ----- ----- -----	15:20 *54 29:57 0:50 ----- ----- ----- -----	18:19 *33 30:57 1:00 ----- ----- ----- -----	19:11 *59 32:32 1:35 ----- ----- ----- -----	21:27 *47 37:12 4:40 ----- ----- ----- -----	26:07 *51 37:55 0:43 ----- ----- ----- -----	26:50 *57 38:32 0:37 ----- ----- ----- -----
6	Markus Zbinden Engelburg	42:58	19:12 *54 6:21 6:21 42:48 0:34 -----	19:59 *56 9:57 3:36 ----- ----- -----	20:37 *46 15:16 5:19 ----- ----- -----	22:19 *58 23:26 8:10 ----- ----- -----	22:52 *60 ----- ----- 42:58 0:10	23:35 *52 28:45 5:19 ----- ----- ----- -----	32:07 *50 30:47 2:02 ----- ----- ----- 2:32	34:10 *49 31:35 0:48 ----- ----- ----- 7:31	35:41 *48 32:40 1:05 ----- ----- ----- 8:10	35:58 *53 0:00 ----- ----- ----- 10:50	12:14 *55 39:17 6:37 ----- ----- ----- 12:14	14:19 *47 41:31 2:14 ----- ----- ----- 14:19	15:58 *59 42:14 0:43 ----- ----- ----- 15:58
7	Eliane Deininger St.Georgen	46:34	19:09 *54 22:24 22:24 46:27 0:36 -----	20:31 *56 ----- ----- ----- ----- -----	21:18 *46 29:38 7:14 ----- ----- -----	24:05 *58 36:14 6:36 ----- ----- -----	24:51 *60 ----- ----- 46:34 0:07	25:39 *52 ----- ----- ----- ----- -----	33:30 *50 ----- ----- ----- ----- 6:35	37:18 *49 40:38 4:24 ----- ----- ----- 7:39	40:26 *48 41:50 1:12 ----- ----- ----- 8:44	40:45 *53 ----- ----- ----- ----- 9:51	----- ----- ----- ----- 11:05	44:43 2:53 ----- ----- ----- 13:18	45:51 1:08 ----- ----- ----- 16:06
			17:01 *32 43:25 *48	20:16 *51 44:03 *53	21:05 *57	27:07 *55	28:41 *47	30:09 *59	33:13 *54	34:16 *56	35:00 *46	36:45 *58	37:23 *60	38:05 *52	42:28 *49