



Bulletin 1

«3rd national race»

«4th national race»









IOF World Ranking Event (WRE)

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Date	Saturday, 18 April 2026	Sunday, 19 April 2026
WRE Classes	Women «W21E» and Men «M21E» (alongside various other classes at the national race). The WRE class «W21E» is composed of the classes «W20» and «WE» of the national race, the WRE class «M21E» is composed of the classes «M20» and «ME» of the national race.	
Competition format	Long distance	Sprint distance
Winning time	65 - 70 minutes	12 - 15 minutes
Organiser & website	Orienteering club «Orientierungslauf-Gruppe St.Gallen/Appenzel», www.olgsga.ch/row	
Event director & information	Erwin Wälter, +41 76 472 13 68, row2026@olgsga.ch	
Course setter / Course controller	Michael Huber / Miklas Kossert	Mario & Monika Ammann
Event adviser	Christian Schneebeili	
Map	«Schwamm» Scale: 1:15'000, equidistance: 5 m	«Altstätten» Scale: 1:4'000, equidistance: 2 m
Cartography	Cartographer: Beat Imhof, status: spring 2026	
Terrain & existing maps	It is a dense spruce forest between 500 and 900 metres above sea level with few young trees and clear-cuts, as well as fallen trees in places. The slope is criss-crossed by large ditches, countless gullies, streams and old cart tracks and is physically demanding. Photos and old map (generated with LiDAR): www.olgsga.ch/row	It is a «classic» old town with rows of houses and surrounding residential areas. There are also several school complexes and a few park-like areas. The area is mostly flat or only moderately sloping, but there are also some challenging inclines. Photos and old map: www.olgsga.ch/row
Restricted areas	The restricted areas can be viewed at www.swiss-orienteeing.ch/de/wettkaempfe/gelaendesperren.html . Guests staying at hotels within the restricted area will have to follow a designated route to the event centre early on Sunday morning.	
Event centre	School complex «Schöntal» (Bildstrasse 10, 9450 Altstätten) with cloakrooms/showers, catering etc.	
Arrival by public transport – recommended!	Take the train to the station «Altstätten SG», then change to the bus to the stop «Altstätten SG, Elsenacker» (travel time: 2 minutes). Distance bus stop → event centre: approx. 550 m.	
Arrival by car	<u>Official car park «Allmend Rheintal»</u> (Oberrieterstrasse 44, 9450 Altstätten). Parking fees apply. Distance car park → event centre: approx. 1.8 km.	
Start times	12:00 to approx. 15:30	10:00 to approx. 12:30
Start order	«Method B» in accordance with IOF guidelines: The start field will be divided into groups of 5 participants and groups are ranked in order based on World Rankings (reversed, best ranked group starts last). Within each group, lots are drawn in order to decide the start order.	
Time required: event centre → start	Transportation of runners by bus from the event centre to the drop-off point: travel time approx. 15 minutes; followed by a walk to the start: max. 40 minutes. Any waiting times are not included in this calculation.	Walk from the event centre to the start: max. 10 minutes

Time required: finish → event centre	Walk from the finish to the pick-up point: max. 15 minutes; followed by transportation of runners by bus to the event centre: travel time approx. 15 minutes. Any waiting times are not included in this calculation.	Walk from the finish to the event centre: max. 10 minutes
Punching system	SPORTident Air+	
Entry fee	<i>Increased entry fee due to transportation</i> - born between 2006 and 2009: Fr. 23.– - born in 2005 or earlier: Fr. 36.– - Rental of a SI Card: Fr. 3.–	- born between 2006 and 2009: Fr. 20.– - born in 2005 or earlier: Fr. 32.– - Rental of a SI Card: Fr. 3.–
Registration & registration deadline	Registration is only possible online at www.ol-events.ch and the entry fee has to be paid during the registration procedure. The registration deadline is Monday, 6 April 2026, at 23:59 . Please be aware that all participants of WRE must have an IOF ID before registration.	
Late registrations & changes	After the start list has been published, the following changes can be made via the modification portal modify.picoevents.ch until Friday, 17 April 2026, at 12:00 noon: - Late registrations (if there are still places available)* Fr. 10.– plus entry fee - Change of SI Card free of charge <i>* There are two vacant starting places per class (principle: « first come, first served »).</i>	
Bulletin 2	Bulletin 2 will be published approx. 2 weeks before the race at www.olgsga.ch/row and Eventor.	
Start lists	The start lists will be published approx. 1 week before the race at www.swiss-orienteeing.ch and Eventor.	
Anti-Doping	The current <u>Swiss Olympic Doping Statute</u> applies to these races. Any participant can be tested. By entering the event the competitor accepts that the anti-doping rules of Swiss Olympic apply. Participants in the WRE classes may only start if they have signed the athlete's agreement accepting the anti-doping rules. Information and the relevant form can be viewed or downloaded at www.swiss-orienteeing.ch/de/integritaet/uebersicht-antidoping.html .	
Accommodation	Information on possible accommodation can be found at www.olgsga.ch/row .	
Campers / motorhomes	The car park «Allmend Rheintal» is also an official parking area for motorhomes (https://allmend-rheintal.ch/stellplaetze/).	
Insurance	Insurance is the responsibility of the participants. Any liability on the part of the organiser and its auxiliary persons is rejected to the extent permitted by law.	
Cancellation	In the event of extreme weather conditions, information about any cancellation of the race will be provided by 8:00 a.m. on Saturday, 18 April 2026 («3rd national race») or 6:00 a.m. on Sunday, 19 April 2026 («4th national race») at www.olgsga.ch/row and in the forum at www.swiss-orienteeing.ch .	
Privacy policy	The guidelines of Swiss Orienteering dated 24 August 2021 apply. Anyone participating in an orienteering event listed on the Swiss Orienteering calendar at www.o-l.ch accepts that they will appear in published start lists and rankings. Subsequent removal of the name or time or ranking from the ranking list is not possible. Swiss Orienteering determines how long the start and ranking lists remain publicly available. By registering, participants also acknowledge the organiser's privacy policy at www.olgsga.ch/datenschutzerklaerung .	

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